

Tip it Back

Count: 32

Wall: 2

Level: Beginner

Choreographer: Nathan Lee (USA) - April 2025

Music: Bell Bottoms Up - Lainey Wilson



Intro: 32 counts - no tags- 2 restarts (Walls 4 and 10 after 16 counts)

NOTE: This is a very easy dance. It probably would have been Absolute Beginner if not for the restarts.

[1-8] LINDY R, LINDY L

- 1&2 Step R out (1), Step L next to R (&), Step R out (2)
- 3,4 Cross L behind R and rock backward (3) Rock onto R (4)
- 5&6 Step L out (5), Step R next to L (&), Step L out (6)
- 7,8 Cross R behind L and rock backward (7) Rock onto L (8)

[9-16] K-STEP

- 1,2 Step R forward diagonally (1), Touch L next to R (2)
- 3,4 Step L backward diagonally (3), Touch R next to L (4)
- 5,6 Step R backward diagonally (5), Touch L next to R (6)
- 7,8 Step L forward diagonally (7), Touch R next to L (8)

****On walls 4 and 10, restart here with Lindy's****

[17-24] ROCKING CHAIR, ¼ TURN JAZZ BOX

- 1,2 Rock R forward (1), Recover weight on L (2)
- 3,4 Rock R backward (3), Recover weight on L (4)
- 5,6,7,8 Cross R over L (5), Step L backward and turn ¼ over R shoulder (6), Step R out (7), Step L next to R (8)

[25-32] ROCKING CHAIR, ¼ TURN JAZZ BOX

- 1,2 Rock R forward (1), Recover weight on L (2)
- 3,4 Rock R backward (3), Recover weight on L (4)
- 5,6,7,8 Cross R over L (5), Step L backward and turn ¼ over R shoulder (6), Step R out (7), Step L next to R (8)

Last Update: 6 Apr 2025