

He Ain't Worth Missing

Count: 32

Wall: 4

Level: Beginner

Choreographer: Lesley Stewart (SCO) & Kirsteen Currie (UK) - April 2025

Music: He Ain't Worth Missing - Toby Keith



Intro: 32 counts

We wrote this dance for our good friend Michael, thank you for sending us this great track :)

Restart: On wall 3 replace counts 15&16 with a left coaster step and restart the dance **

Skate right, left, shuffle forward, cross rock, rec, side shuffle 1/4 turn

- 1-2 Skate right, skate left
- 3&4 Step forward right, step left next to right, step forward left
- 5-6 Cross rock left over right, recover on right
- 7&8 Step left to left side, step right next to left, 1/4 turn left stepping forward left

Step 1/4, cross shuffle, side, together, shuffle back

- 1-2 Step forward on right, 1/4 turn left taking weight on left
- 3&4 Cross step right over left, step left to left side, cross step right over left
- 5-6 Step left to left side, step right next to left
- 7&8 Step back on left, step right next to left, step back on left **

Side, together, shuffle forward, 1/4 right, right touch, 1/4 left, left touch

- 1-2 Step right to side, step left next to right
- 3&4 Step forward right, step left next to right, step forward right
- 5-6 1/4 turn right stepping left to side, touch right next to left
- 7-8 1/4 turn left stepping back on right, touch left next to right

Rock forward, rec, 1/2 turn shuffle, 1/2 shuffle, sailor 1/4

- 1-2 Rock forward left, recover on right
 - 3&4 1/4 turn left stepping left to left side, step right next to left, 1/4 turn left stepping forward left
 - 5&6 1/4 left stepping right to right side, step left next to right, 1/4 turn left stepping back right
- (Easy option for counts 3&4,5&6 - Shuffle back left, shuffle back right)**
- 7&8 Step left behind right, 1/4 left stepping right to side, step left to side