

Pick Me Up

COPPER KNOB
STEPPERS

Count: 32

Wall: 2

Level: Beginner

Choreographer: Lindsay Spence (SCO) - March 2025

Music: Pick Me Up On Your Way Down - Martina McBride



Start on vocals tag at the end on wall 2

Section 1 R Out/In/Out/In Vine,

1,2,3,4 right point to right side bring in beside left point out to right side bring in beside left
5,6,7,8 right side left behind right side left touch beside

Section 2 L Out/In/Out/In Vine ¼ Turn

1,2,3,4 left point to left side, bring in beside right left point out to left side bring in beside right
5,6,7,8 left side right behind left turn ¼

Section 3 R Weave, L Weave ¼ Turn

1,2,3,4 right side left behind, right side touch
5,6,7,8 left side right behind left ¼ turn touch

Section 4 K Step

1,2,3,4 right step fwd left touch beside right, left step back right touch beside left
5,6,7,8 right step back left touch beside left step fwd right touch beside left

Tag R touch, L touch

1,2,3,4 right to right side, touch left beside right, left to left side, touch right beside left

Hope you enjoy the dance !!!
