MY AnXiety



Count: 32 Wall: 4 Level: Beginner

Choreographer: Andrico Yusran (INA) - March 2025

Music: Doechii - ANXIETY (TIKTOK VERSION) somebody's watching me, it's my

anxiety



No Tag No Restart

Start dance after intro music 32 counts

S1. *OUT OUT - IN IN - MONTEREY*

1-4 Step R out, L out, R in, L in

5-8 Side point R to side, close R beside L, side point L to side, close L beside R

S2. CROSS TOUCH - POINT TO SIDE - CROSS - HITCH - WEAVE TO R*

1-4 Step touches R cross over L, side pont R to side, cross R over L, hitching L knee up

5-8 Cross L over R, side R to side, cross L behind R, side point R to side

S3. *CROSS - SIDE - BEHIND - 1/4 TURN L - PIVOT 1/2 TURN L - WALK - WALK*

1-4 Step cross R over L, side L to side, cross R behind L, 1/4 L turn to L forward

5-8 Forward R, 1/2 turn to L recover, walk R - L forward

S4. *VINE TO R (hitch) - SIDE - CLOSE - FORWARD - TOUCH CLOSE*

1-4 Step side R to side , cross L behind R , side R to side , hitching L knee up

5-8 Side L to side , close R beside L , forward L , touch R close beside L

START FROM THE TOP ♥□

Dancing with YOUR HeaRT
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