Mama Told Me



Count: 64 Wall: 0 Level: Phrased Advanced

Choreographer: Priska Staud (CH) - March 2025

Music: Mama Told Me - The Poverty Plainsmen



Tag 24 Counts, Final 1 Count

SEQ: $4 \times A - B - B$ short $- Tag - 4 \times A - B - B$ short $- Tag - 2 \times A - 3 \times B - B$ short - Tag short - B - B short $- Tag - 2 \times A - Final$

- * B Short: Ended after 16 Counts
- * Tag short: Ended after 16 Counts
- * Final: Stomp right in front

Part A

Sect 1 KICK, HOOK, 2 x KICK, COASTER STEP, HOLD

- 1 2 Kick R forward Hook R in front of L
 3 4 Kick forward R Kick forward R
 5 6 Step back R Step L next to R
- 7 8 Step forward R Hold

Sect 2 STEP, TURN, TURN, HOLD, ROCKING CHAIR

- 1-2 Step L in front $-\frac{1}{2}$ turn over right with the weight on R
- 3-4 ½ turn over right with the weight on L Hold
- 5 6 Back rock R Recover L 7 – 8 Rock step R – Recover L

Sect 3 LOCK STEP ½ TURN, HOLD, CROSS, BACK ROCK, RECOVER, STOMP UP

- 1 2 Step R ¼ turn right Lock L behind R
- 3 4 Step R ¼ turn right Hold
- 5 6 Cross L over R Jumping back R
- 7 8 Recover L Stomp up R

Sect 4 HEEL, TOUCH, 2 x KICK, BACK ROCK, RECOVER, STOMP, STOMP

- 1 2 Heel R in front Touch R next to L
 3 4 Kick forward R Kick forward R
 5 6 Jumping back to R Recover L
- 7 8 Stomp R Stomp L

Part B

Sect 1 JUMPING ROCK STEP, RECOVER, 2 x SCOOT 1/4 TURN, BACK ROCK, RECOVER, STOMP, STOMP

1 – 2	Jumping rock R diagonal forward – Recover to L hook R
3 – 4	Scoot on L 1/4 turn right – Scoot on L 1/4 turn right
5 – 6	Jumping back rock to the R – Recover to L

7 – 8 Stomp R – Stomp L

Sect 2 KICK DIAGONAL, FLICK AND SLAP, SIDE STEP, TOGETHER, STEP SLIDE, BACK ROCK, RECOVER

3 - 4 Step R to the right - Step L next to the R
5 - 6 Step R to the right - Slide L next to R
7 - 8 Back rock diagonal L - Recover to the R *

^{*} B short ends here

		, ¼ TURN ROCK RECOVER, ½ TURN, HOLD	
	1 – 2	Step L to the left – Step R behind left	
	3 – 4	Step L to the left – Step R cross over left	
	5 – 6	Side Rock L to the left with a ¼ turn over left – Recover the weight to the R	
	7 – 8	½ turn over left – Hold	
	Sect 4 1/4 STEP TURN, CROSS, HOLD, SLIDE, STOMP, STOMP		
	1 – 2	Step R in front – 1/4 turn over left with the weight on L	
	3 – 4	Cross R over L – Hold	
	5 – 6	Slide L to the L – Slide L to the L	
	7 – 8	Stomp R – Stomp L	
	Tag		
		HOLD, HOLD, HOLD, FULL TURN STOMP, HOLD, HOLD, HOLD	
	1 – 2	Stomp L – Hold	
	3 – 4	Hold – Hold	
	5 – 6	Full turn over left Stomp R – Hold	
	7 – 8	Hold – Hold	
Sect 2 ROCKING CHAIR, STEP TURN, TURN, HOLD			
	1 – 2	Rock step forward L – Recover to R	
	3 – 4	Back Rock L – Recover to R	
	5 – 6	Step L in front – ½ turn right and put the weight on the right	
	7 – 8	½ turn right and step L next to R – Hold *	
* Tag short ends here			
	Sect 2 ROCKING CHAIR, STEP TURN, STEP TURN		
	1 – 2	Rock step forward R – Recover to L	
	3 – 4	Back rock R – Recover to L	
	5 – 6	Step R in front – ½ turn left and put the weight on the left	
	7 – 8	Step R in front – ½ turn left and put the weight on the left	