

# Suara Dalam Kepala

Count: 32

Wall: 4

Level: High Beginner - WCS

Choreographer: Adelaine Ade (INA) - March 2025

Music: Suara Dalam Kepala (feat. Ramengvrl) - Noah



**\*1 Tag 2 Restart -  
Start on Vocal**

## **S1. WALK R-L, ¼ BALL, CROSS, ¼ FORWARD ¼ SWEEP, CROSS, SIDE, DRAG**

- 1-2 RF step forward, LF step forward  
&3 ¼ turn L & RF step side on ball, LF cross over RF  
4-5 ¼ turn R & RF step forward, sweep LF forward making another ¼ turn R on RF  
6-7-8 LF cross over R, RF big step side, drag LF towards RF (weight on LF)

## **S2. SUGAR PUSH [ FWD WALK RL - FWD MAMBO - BACK WALK LR - ANCHOR STEP ]**

- 1 2. Step RF, LF Forward  
3&4 Rock RF, recover onto LF, step RF back  
5 6 Step LF, RF back  
7&8 Step LF back, step RF back over LF, step LF slightly back (weight on LF)

## **S3. WALKS FORWARD (R,L), MAMBO STEP ½ TURN RIGHT, PIVOT, SHUFFLE LOCK FORWARD**

- 1 2 Step RF forward, step LF forward  
3&4 Step RF forward, recover LF ball and pivot ½ turn right step R forward  
5 6 Step LF forward, make turn ½ rights step RF forward  
7&8 Shufle forward, step LF fwd, lock RF behind LF, step fwd on RF

## **S4. DIAGONAL, FORWARD SHUFFLE ½ TURN L KNEE POPS, STEPS, FLICK**

- 1&2 Step RF diagonal forward R, step LF behind RF, Step RF diagonal forward R  
3&4 Step LF diagonal forward L, step RF behind LF, Step LF diagonal forward L  
5&6& step Rf fwd making ¼ turn to L, and pop with both knees, making turn ¼ turn to L, and pops with both knees (weight on RF)  
7 8 Step LF forward, flick on RF

**Restart after 16c on wall 3 (facing 09:00) and 8 (12:00)**

**Tag 4c after wall 9 (09:00)**

**TAG UNWIND ¾ TURN LEFT**

- 1234 Step right across left, Unwind ¾ turn left (12:00)

Thank you for checking out my dance..... [adea814.aa@gmail.com](mailto:adea814.aa@gmail.com)