

Start To Praise

Count: 32

Wall: 4

Level: Beginner

Choreographer: Kelly Gu (CAN) - March 2025

Music: Praise (Radio Version) - Elevation Worship



Intro: 24 Counts

SEC 1 [1-8]: Lindy Right, Vine Left

1&2 Step R to R (1), step L beside R (&), step R to R (2) 12:00
3 4 Step L behind R (3), recover weight onto R (4) 12:00
5 6 7 8 Step L to L (5), step R behind L (6), Step L to L (7), cross R over L (8) 12:00

SEC 2 [9-16]: Lindy Left, Vine Right

1&2 Step L to L (1), step R beside L (&), step L to L (2) 12:00
3 4 Step R behind L (3), recover weight onto L (4) 12:00
5 6 7 8 Step R to R (5), step L behind R (6), Step R to R (7), cross L over R (8) 12:00

SEC 3 [17-24]: Step Turn 1/8, Step Turn 1/8, Jazz Box

1 2 Step R fwd (1), 1/8 L recover weight onto L (2)
3 4 Step R fwd (3), 1/8 L recover weight onto L (4) 9:00
5 6 7 8 Cross R over L (5), step back on L (6), Step R to R (7), Step L fwd (8) 9:00

SEC 4 [25-32]: Fwd, Together, Knee Pop x2, Back, Together, Knee Pop x2

1 2 3 4 Step R fwd (1), step L beside R (2), knee pop (3), knee pop (4) 9:00
5 6 7 8 Step R back (5), step L beside R (6), knee pop (7), knee pop (8) 9:00

(Start again)

TAG: At the end of wall 2, 5, 7 facing 6:00, 9:00, 3:00, repeat SEC 4

1 2 3 4 Step R fwd (1), step L beside R (2), knee pop (3), knee pop (4)
5 6 7 8 Step R back (5), step L beside R (6), knee pop (7), knee pop (8)

Option for higher level: to match the lyrics, replace the TAG as below

1 Step R fwd, meanwhile bring RH in front of chest, palm facing in, elbow out (1),
2 Step L beside R, meanwhile bring LH in front of chest, palm facing in, elbow out (2),
3 4 Open up chest and open both forearms out as you breath (3), recover chest/forearms (4)
5 Step R back, meanwhile extend R arm to R side (5),
6 Step L beside R, meanwhile extend L arm to L side (6),
7 8 Bring both arms up from each side over 2 counts, palm facing in (7 8)

Hope you enjoy the dance!!

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