

Don't Stop

Count: 32

Wall: 2

Level: Beginner

Choreographer: Riana Louw (SA) - March 2025

Music: I Won't Stop Now - Nikki Gee



Intro: 32 Counts - No Tags/Restarts

Sec.1 – SIDE TOGETHER, CHASSE, CROSS ROCK, CHASSE

- 1-4 Step RF to the right side, step LF next to RF, step RF to right side, step LF next to RF, step RF to right side.
- 5-8 Rock LF across RF, recover onto RF, step LF to left side, step RF next to LF, step LF to left side.

Sec.2 CROSS SIDE, BEHIND SIDE CROSS, SIDE ROCK, CROSS SHUFFLE

- 1-4 Cross RF over LF, step LF to left side, step RF behind LF, step LF to left side, cross RF over LF.
- 5-8 Rock LF to left side, recover on RF, cross LF over RF, step RF next to LF, cross LF over RF.

Sec.3 RUMBA BOX WITH SHUFFLES

- 1-4 Step RF to right side, step LF next to RF, step RF forward, step LF next to RF, step RF forward.
- 5-8 Step LF to left side, step RF next to LF, step LF backward, step RF next to LF, step LF backward.

Sec.4 BACKROCK, ½ SHUFFLE TURN LEFT, BACKROCK, SHUFFLE

- 1-4 Rock RF back, recover on LF, turn ¼ left and step RF to right side, step LF next to RF, turn ¼ left, step RF back.
- 5-8 Rock LF back, recover on RF, step LF forward, step RF next to LF, step LF forward.

REPEAT
