Stomping Ground

Count: 24

Level: Beginner

Choreographer: Laura Rittenhouse (AUS) - March 2025

Music: Stomping Ground - Hayley Jensen

Start after 8 beats

S1: DIAGONALS FWD R & L; ROCK & TAP FWD

- 1,2,3,4 Step R fwd on R diagonal; Touch L beside R; Step L fwd on L diagonal, Scuff R past L
- 5,6,7,8 Rock fwd on R, Tap L toe in place, Recover on L, Touch R beside L

S2: VINE R&L

- 1,2,3,4 Step R to R, Cross L behind R, Step R to R, Touch L beside R
- 5,6,7,8 Step L to L, Cross R behind L, Step L to L, Touch R beside L

S3: DIAGONALS BACK R & L; ROCK & TAP BACK TO TURN ¼ L

- 1,2,3,4 Step R back on R diagonal; Touch L beside R; Step L back on L diagonal, Carry R foot past L
- 5,6,7,8 Rock R back, Tap L heel in place, Turn ¼ L stepping on L (9:00), Carry R foot past L ready for S1 diagonal fwd step

Style notes for S3: a full touch with the R foot on counts 4 & 8 in this Section, though possible, breaks the rhythm of the dance so a graze or swing past feels much better





Wall: 4