

Confessions

Count: 32

Wall: 4

Level: Intermediate

Choreographer: Brendan Simoens (USA) - March 2025

Music: Confessions - Flo Rida, ENHYPEN & Paul Russell



Intro: 32 counts, approx. 19 seconds

ONE RESTART

[1 - 8] Wizard step side swivel swivel ball step, ½ pivot, ½ sweep, sweep

- 1,2& Step R to R diagonal (1), lock L behind R (2), step R to R diagonal (&)
3&4& Step L to L (3), swivel both heels L (&), return heels (4), step L in towards R (&)
5,6 Step R forward, slightly over L (5), ½ L shifting weight to L (6) 6:00
7,8 ½ L stepping R back sweeping L front to back (7), step L back sweeping R front to back (8)
12:00

[9 - 16] Back w/ pop, mambo step brush push, push, shuffle step, (¼) cross

- 1,2& Step R back popping L knee (1), rock L back (2), recover onto R (&)
3&4 Step L forward (3), brush R forward (&), step R forward leading with knee pushing hips forward (4)
5,6& Push hips back (on chorus look over L shoulder) (5), step R forward (6), step L next to R (&)
7,8 Step R forward (7), begin ¼ L crossing L over R (8)

Counts 4-8 should be done slightly facing L diagonal

Restart will occur here on wall 6, you will start facing 9:00 and restart at 6:00 for wall 7

[17 - 24] (¼) Hip roll, touch, hip roll, touch, sailor step touch slide, touch

- 1,2 Finish ¼ L stepping R out to R rolling hips clockwise (1), sit into R and touch L to L with knee popped (2) 9:00
3,4 Roll hips counter-clockwise (3), sit into L hip and touch R to R with knee popped (4)
5&6& Cross R behind L (5), step L to L (&), step R to R (6), touch L next to R (&)
7,8 Big step L to L (7), touch R behind L (8)

[25 - 32] Press, flick, ¼, ¼, lock step step lock prep, ½ attitude

- 1,2 Press R to R (1), recover onto L flick R behind L (2)
3,4 ¼ R stepping R forward (3), ¼ R stepping L to L side (4)
5&6& Cross R behind L (5), step L to L diagonal (&), step R to R diagonal (6), cross L behind R (&)
7,8 Rock R to R prepping R (7), ½ L taking weight onto L and flicking R back (8)

ALWAYS BE UNAPOLOGETICALLY YOU!!!

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