Yi Lu Sheng Hua (一路生花)



Count: 32 Wall: 4 Level: Improver

Choreographer: Penny Tan (MY) - March 2025

Music: Yi Lu Sheng Hua (一路生花) - Wen Yi Xin (温奕心)



Intro: 32C - Tag x3 / No Restart

Tag: Basic NC R-L

1-2& Big step RF to R, slightly cross LF behind RF, recover on R
3-4& Big step LF to L, slightly cross RF behind LF, recover on L

*Tag (4&C) at the end of W2 (6:00), W5 (3:00) & W6 (6:00)

SEC1:BASIC NIGHT CLUB (R-L), RUMBA BOX

1-2& Big step RF to R, slightly cross LF behind RF, recover on R3-4& Big step LF to L, slightly cross RF behind LF, recover on L

5&6 Step RF to R, step LF next to RF, step RF fwd

7&8& Step LF to L, step RF next to LF, step LF back, step RF next to LF

SEC2:BACK WITH LIFT R, FWD, FWD, SERPIENTE, CROSS, RECOVER, SIDE

1-2& Step LF back with slightly lift RF up , step RF fwd , step LF fwd
3-4& Cross R over L and sweep L to front, cross L over R, step R to side
5-6& Cross L behind R and sweep R to back, cross R behind L, step L to side

7-8& Cross RF over LF, recover on L, step RF to R

SEC3:CROSS, RECOVER, SIDE, FWD SHUFFLE R-L, FWD, 1/2 TURN L HOOK

1-2& Cross LF over RF, recover on R, step LF to L

3&4 Fwd shuffle R-L-R5&6 Fwd shuffle L-R-L

7-8 Step RF fwd, ½ turn L with hook LF over RF

SEC4:FWD SHUFFLE, MAMBO R-L, 1/4 TURN L SIDE, RECOVER, TOUCH

1&2 Fwd shuffle L-R-L

Rock RF to R side, recover on L, step RF next to LF Rock LF to L side, recover on R, step LF next to RF

7& r ¼ turn L ,rock RF to R , recover on L , touch RF next to LF

Have fun and happy dancing!