

Boy for a Day

Count: 32

Wall: 4

Level: Improver

Choreographer: Kelly Borg (CAN) - March 2025

Music: If I Were a Boy - Beyoncé

or: If I Were a Boy - Reba McEntire



Intro: start at approx. 24 secs, at the end of "Drink Beer With The Guys"

SEC 1 Syncopated Nightclub Basic (R, L) x 2

- 1 Big step R to right side (1)
- 2& Rock L behind R (2), Recover on R (&)
- 3 Big step L to left side (3)
- 4& Rock R behind L (4), Recover on L (&)
- 5 Big step R to right side (5)
- 6& Rock L behind R (6), Recover on R (&)
- 7 Big step L to left to left side (7)
- 8& Rock R behind L (8), Recover on left (&)

SEC 2 Syncopated Rocking Chair, Rock-Recover-Stomp (R, L)

- 1&2& Rock R forward, Recover L, Rock R back, Recover L
- 3&4 Rock R forward, Recover L, Stomp R next to L
- 5&6& Rock L forward, Recover R, Rock L back, Recover R
- 7&8 Rock L forward, Recover R, Stomp L next to R

SEC 3 Side-Together, Shuffle R, Cross-Rock Recover, ¼ Turn L Shuffle

- 1-2 Step R to right side, Step L next to R
- 3&4 Step R to right side, Step L next to R, Step R to right side
- 5-6 Cross-rock L over R, Recover on R
- 7&8 Step L turning ¼ left, Step R next to L, Step L to left side

SEC 4 Reverse Rumba Box (modified with Shuffle Steps)

- 1-2 Step R to right side, Step L next to R
- 3&4 Step R back, Step L next to R, Step R back
- 5-6 Step L to left side, Step R next to L
- 7&8 Step L forward, Step R next to L, Step L forward

ENDING 8 Sways to finish dance after Wall 10

Alt. Music: If I Were A Boy, Reba McEntire

Have fun!
