

Tak Mampu Bertahan

Count: 32

Wall: 2

Level: Intermediate NC2S

Choreographer: Roosamekto Mamek (INA) - January 2025

Music: Tak Mampu Bertahan - Ika Manda



Intro: 16 count (approximately 00:25 secs)

BRIDGE : On wall 3 after 16 & count

TAG : End of wall 3

S1. BACK WITH SWEEP , BEHIND, SIDE, CROSS ROCK, FORWARD TURN 1/4 LEFT, BASIC NC2S (R & L)

1-2& Step R back sweep L back – Cross L behind – Step R to side (12:00)

3-4& Cross/Rock L over R – Recover on R – Turn 1/4 left step L forward (9:00)

5-6& Step R to side – Step L behind R – Cross R over L

7-8& Step L to side – Step R behind L – Cross L over R

S2. SIDE, SWAYS, FORWARD TURN 1/4 LEFT, WEAVE, BEHIND, SIDE, CROSS ROCK

1-2& Step R to side – Sway body to left – Sway body to right (9:00)

3-4& Turn 1/4 left step L forward sweep R forward – Cross R over L – Step L to side (6:00)

5-6& Cross R behind L and sweep L back – Cross L behind R – Step R to side

7-8& Cross/Rock L over R – Recover on R – Step L to side (6:00)

S3. BASIC NC2S TURN 1/4 LEFT, UNWIND TURN 3/4 RIGHT, RUN FORWARD R-L-R, HITCH, RUN BACK (L-R), BACK ROCK, BACK TURN 1/2 RIGHT

1-2& Turn 1/4 left step R to side – Step L behind R – Cross R over L (3:00)

3-4& Turn 1/4 right step L back (6:00) and continue make another turn 1/2 right (12:00) – Step R forward – Step L forward (12:00)

5-6& Step R forward and hitch L knee up – Step L back – Step R back

7-8& Rock L back – Recover on R – Turn 1/2 right step L back and sweep R back (6:00)

S4. WALK BACK WITH SWEEP (R-L-R), COASTER STEP, WALK FORWARD (R-L), REVERSE COASTER STEP

1-2 Step R back and sweep L back – Step L back and sweep R back (6:00)

3-4& Step R back – Step L back – Step R together

5-6 Step L forward – Step R forward

7-8& Step L forward – Step R forward – Step L together (6:00)

REPEAT

BRIDGE (4 count) : On wall 3 after 16 & count

BASIC R NC2S TURN 1/4 LEFT, BASIC L NC2S

1-2& Turn ¼ left step R to side – Step L behind R – Cross R over L

3-4& Step L to side – Step R behind L – Cross L over R

TAG (2 count) : End of wall 3

SWAYS

1-2 Step R to side sway body to right – Sway to left and drag R toward L

For more info about step sheet & song, please contact:

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