Cowgirl Cupid



Count: 48 Wall: 4 Level: Intermediate

Choreographer: Caitlin Ross (USA) - February 2025

Music: Cupid's A Cowgirl - Alexandra Kay



Intro: 16 Secs once the music starts (after she says "Cupid's a Cowgirl)

Sequence: A, B, A, A(16 cts), A, B, A, A(16 cts), B, B, A, A

Restarts: On walls 4 & 8 after the first 16 counts

[32 Counts] Each Wall position is relative to the start wall for each sequence.

[Part Al 32c

(Set 1) ½ Touch Turn, Hip Sway R, Hip Sway L, Step, Heel Swivel, Step, Pivot ½ R

1-2 Touch R Toe back, Pivot ½ R and transfer weight to R Foot (6:00)

3-4 Dip R and Sway Hips R, Dip L and Sway Hips L (6:00)

5&6& Step R Toe forward while Popping knee, Swivel R heel out, Swivel R heel In, Put weight on

RF (6:00)

7-8 Step LF Forward, Pivot ½ over R shoulder (Put weight on RF) (12:00)

(Set 2) Shuffle, Step, ½ L Turn with Sweep, Side Rock Cross, Side Rock Cross

1&2 Step LF Forward, Step RF behind L Foot, Step LF Forward (12:00)

3-4 Step RF Forward, Quickly Turn ½ over L Shoulder while sweeping L Leg behind the R (Put

weight on LF) (6:00)

5&6 Rock R Out, Put Weight back on LF, Cross R over L (6:00)
7&8 Rock L Out, Put Weight back on RF, Cross L over R (6:00)

(Set 3) Right Rock, ¼ Left & Recover. ½ Left Turn, ½ Left Turn, Mash Potato Steps

1-2 Rock R Out while Twisting Upper Body Right, Turn ¼ over L Shoulder while recovering on LF

(3:00)

3-4 Turn ½ over L Shoulder while stepping RF back, Turn ½ over L Shoulder while Stepping LF

Forward (3:00)

5&6& Step R Toe Forward while Twisting Heels In, Twist Heels Out, Step R Toe Back while

Twisting Heels In, Twist Heels Out (3:00)

7&8& Step L Toe Back while Twisting Heels In, Twist Heels Out, Step L Toe Forward while

Twisting Heels In, Twist Heels Out (3:00)

(Set 4) Point, Heel Touch, Pivot ½ R, Coaster Step, Stomp, Stomp

1&2& Point R Toe Out, Step RF next to L, Touch L Heel Forward, Step LF next to R (3:00)

3-4 Touch R Toe back, Pivot ½ over R Shoulder (9:00)

5&6 Step RF Back, Step LF next to R, Step RF Forward (9:00)

7-8 Stomp LF Forward, Stomp RF next to L (9:00)

[Part B] 16c

(Set 1) Jump, Hold, Heel-Toe-Heel, 1/4 L and Sweep, Coaster Step

Jump and land with feet slightly wider than hips, Hold (12:00)
 Pull Heels In, Pull Toes In, Pull Heels In (12:00) Cowgirl Cupid

5-6 Stomp RF Out, Turn ¼ over L Shoulder while sweeping L leg behind (9:00)

7&8 Place LF Back, Step RF next to L , Step LF Forward (9:00)

(Set 2) Jump, Hold, Twist Upper Body L, Heel Touches, Step R Forward with Body Roll,

&1-2 Step RF Out and slightly forward, Step LF Out, Hold (9:00)
3-4 Twist Upper Body L (looking back), Untwist Upper Body (9:00)

5&6& Touch R Heel Forward, Step RF next to L, Touch L Heel Forward, Step LF next R (9:00)

7-8 Step RF Forward, Step LF Forward (9:00)

(For Extra Style during Steps 7-8, Roll your body from the hips up while you step)

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