

# Sweet Sugar Honey

**COPPER** **KNOB**  
BY STEPHEN

Count: 32

Wall: 4

Level: Improver

Choreographer: Malene Jakobsen (DK) - January 2025

Music: Sugar, Honey - Eklo : (iTunes)



**Intro: 32 counts from the beginning 18 sec. seconds into track, dance begins with weight on L**

**[1-8] Cross, side, sailor step, cross, side, behind, side, cross**

- 1-2 (1) Cross R over L, (2) step L to L 12.00  
3&4 (3) Cross R behind R, (&) step L to L, (4) step R to R – angle your body slightly towards R diagonal 12.00  
5-6 (5) Cross L over R, (6) step R to R 12.00  
7&8 (7) Cross L behind R, (&) step R to R, (8) cross L over R 12.00

**[9-16] Side rock, sailor 1/4, back rock, kick, ball, cross**

- 1-2 (1) Rock R to R, (2) recover onto L 12.00  
3&4 (3) Cross R behind L, (&) turn 1/4 stepping L to L, (4) step R to R 9.00  
5-6 (5) Rock back on L, (6) recover onto R 9.00  
7&8 (7) Kick L diagonally L, (&) step L next to R, (8) cross R over L

**[17-24] Side, behind, 1/4 shuffle, walk, walk, mambo**

- 1-2 (1) Step L to L, (2) cross R behind L 9.00  
3&4 (3) Turn 1/4 L stepping fwd. on L, (&) step R next to L, (4) step fwd. on L 6.00  
5-6 (5-6) Walk fwd. R, L 6.00  
7&8 (7) Rock fwd. on R, (&) recover onto L, (8) step slightly back on R 6.00

**[25-32] Walk back, coaster step, step 1/2, step 1/4, flick**

- 1-2 (1-2) Walk back L, R 6.00  
3&4 (3) Step back on L, (&) step R next to L, (4) step fwd. on L 6.00  
5-6 (5) Step fwd. on R, (6) turn 1/2 L 6.00  
7&8 (7) Step fwd. on R, (&) turn 1/4 L, (8) flick R 9.00
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