

# It Ain't Easy

Count: 32

Wall: 4

Level: Low Intermediate

Choreographer: Judy Rodgers (USA) - February 2025

Music: It Ain't Easy - Teddy Swims : (Amazon.com)



## #48 count intro - 2 Restarts and 1-time 'special section'

### S1: Step lock & walk walk, mambo step, back turn 1/4 L

- 1-2& Step R fwd to right diagonal, step/lock L behind R, step R fwd
- 3-4 Walk fwd L, R (straighten to front)
- 5-6& Rock L fwd, recover R, step L slightly back
- 7-8 Step R back, turn 1/4 left step L to left side 9:00

### S2: Cross rock, shuffle, cross turn 1/4 L, sweep/sailor step

- 1-2 Cross/rock R over L, recover L
- 3&4 Shuffle right R L R
- 5-6 Cross L over R, turn 1/4 left step R back 6:00
- 7&8 Sweep/step L behind R, step R to right side, step L to left side

\*\*\*\*\* Wall 5 starts 12:00, restarts facing 6:00

\*\*\*\*\* Wall 10 starts 6:00, dance 16 counts, then add special section (32 cnt) below, facing 12:00, then restart main dance facing 12:00

### S3: Bump bump, side rock cross, turn 1/4 R touch, turn 1/2 R step

- 1-2 Bump R, bump L
- 3&4 Rock R to right side, recover L, cross R over L
- 5-6 Turn 1/4 right step L back, touch R toe back 9:00
- 7-8 Turn 1/2 right step R down, step L fwd 3:00

### S4: Out out in in, kick ball point & walk walk

- 1-2 Step R up/out to right, step L up/out to left
- 3-4 Step R back in to center, step L back in to center
- 5&6 Kick R, step on ball of R, point L to left side
- &7-8 Step L beside R, walk R, walk L

Restarts: There are 2 restarts and an extra 'special section':

Wall 5 starts facing 12:00.....dance 16 counts and restart facing 6:00

Wall 10 starts facing 6:00.....dance 16 counts, then dance special section (facing 12:00) below, then restart main dance for remaining song.

### Special Section: Wall 11 is 32 count (step/dip touch, K-step... 16 beats ... repeat for total 32 )

- 1-4 Step/sway/dip R to right, touch L beside R, step/sway/dip L to left, touch R beside L
- 5-8 Repeat 1-4

- 1-4 Step R fwd to right diagonal, touch L beside R, step L back home, touch R beside L,
- 5-8 Step R back to right diagonal, touch L beside R, step L back home, touch R beside L

Repeat above 16 counts, then restart the dance from the beginning till the music ends!