About Time



Count: 24 Wall: 2 Level: Intermediate

Choreographer: DJ Line Dance (USA) - February 2025

Music: About Damn Time - Lizzo or: Taste - Sabrina Carpenter



Part 1

1234 Fist point index fingers on both hands slowly lifting arms to the sky with feet planted swaying

left and right steps

Left 90 degree left hand on belt buckle right hand lasso
 Left 90 degree left hand on belt buckle right hand lasso

7& L heel R hand wipe forward, L back toe

8 R forward R hand wipe back

Part 2

L forward
 R forward
 L forward

4 Right 90 degrees pivot on L

Leaning R hip shake
Leaning R hip shake
Leaning L hip shake
Leaning L hip shake

Part 3

1& R heel, R home2& L heel, L home

3 R heel

4 Left 90 degrees pivot on R

5 L stomp 6 R stomp

7 8 Both hands clap lower half circle from left to right

Part 4 (Optional for four (4) part verses or choruses)

1& R heel, R home 2& L heel, L home

3 R heel

4 Left 90 degrees pivot on R

5 L stomp 6 R stomp

7 8 Both hands clap lower half circle from left to righ

Last Update - 23 Mar 2025