

# About Time

**Count:** 24

**Wall:** 2

**Level:** Intermediate

**Choreographer:** DJ Line Dance (USA) - February 2025

**Music:** About Damn Time - Lizzo

or: Taste - Sabrina Carpenter



## Part 1

- 1234      Fist point index ngers on both hands slowly lifting arms to the sky with feet planted swaying left and right steps
- 5          Left 90 degree left hand on belt buckle right hand lasso
- 6          Left 90 degree left hand on belt buckle right hand lasso
- 7&        L heel R hand wipe forward, L back toe
- 8          R forward R hand wipe back

## Part 2

- 1          L forward
- 2          R forward
- 3          L forward
- 4          Right 90 degrees pivot on L
- 5          Leaning R hip shake
- 6          Leaning R hip shake
- 7          Leaning L hip shake
- 8          Leaning L hip shake

## Part 3

- 1&        R heel, R home
- 2&        L heel, L home
- 3          R heel
- 4          Left 90 degrees pivot on R
- 5          L stomp
- 6          R stomp
- 7 8        Both hands clap lower half circle from left to right

## Part 4 (Optional for four (4) part verses or choruses)

- 1          Upper left hand pump R hip shake
- 2          Upper left hand pump R hip shake
- 3          Upper right hand pump L hip shake
- 4          Upper right hand pump L hip shake
- 5          Left hand on left hip right arm forward with right fist index finger pointing forward R hip shake
- 6          Left hand on left hip right arm forward with right fist index finger pointing forward R hip shake
- 7          Right hand on right hip left arm forward with left fist index finger pointing forward L hip shake
- 8          Right hand on right hip left arm forward with left fist index finger pointing forward L hip shake