

Macarena 2025

Count: 32

Wall: 4

Level: Low Intermediate

Choreographer: Stefani Izaak (INA) & Kani Ilenak (INA) - February 2025

Music: Macarena - Pietro Lombardi



Note : Restart on Wall 3 & 7 after 16 count

Sec. 1 : CROSS SHUFFLE, HITCH, CROSS SHUFFLE, FORWARD MAMBO, BACK MAMBO, ¼ TURN L SAILOR

1&2& Cross R over L, step L to left side, cross R over L, hitch L knee up
3&4 Cross L over R, step R to right side, cross L over R
5 & 6 Step R forward, Recover on L, Step R next to L.
7 & 8 step R behind L turn 1/4 L, Step R to side, L to side. (9:00)

Sec. 2 : SYNCOPATED WEAVE, BOTAFOGO, (2X)

1& - 2& Cross R over L, step L to side, cross R behind L, step L to side
3 - a4 Cross R over L, step L to side, recover on R
5& - 6& Cross L over R, step R to side, cross L behind R, step R to side
7 - a8 Cross L over R, step R to side, recover on L

Sec 3 : ¼ TURN R JAZZ BOX, SAMBA WHISK RL

1 2 Cross R over L, 1/4 R stepping L back
3 4 Step R to R Side, step L forward (12:00)
5 a 6 Step R to side, Cross L behind R, Recover on R.
7 a 8 Step L to side, Cross R behind L, Recover on L.

Sec. 4 : ¼ TURN R SYNCOPATED ROCK, L CROSS, ½ TURN R, SIDE POINT, SIDE POINT, FORWARD STEP 2X (L-R)

1&2 Step R forward, recover on L, Cross R over L
3 4 Make 1/2 turn right on ball of L, step R to side Touch
& 5&6 Step R next to L, Step L to side Touch, Step L next to R place, Step R to side Touch
& 7 8 Step R next to L, Stepping L Forward, Step R next to L

***Start from the top**

Enjoy the Dance

Email:

nicolalenak@gmail.com

stefanimizaak@gmail.com