Sweet Dreams

Count: 32

Level: Low Intermediate

Choreographer: Michelle Wright (USA) - February 2025

Music: Sweet Dreams (feat. Holly Henry) - Trinix

Dance starts 16 counts in with weight on R foot Restart wall 6 after 16 counts

Section 1: L Dorothy, Side, Sailor, Syncopated extended weave

1.2 & Step L forward into L diagonal, Step R behind L, Step L forward 3 Step R to R side 4&5 Cross L behind R, Step R to R side, Step L to L side 6&7 Cross R behind L, Step L to L side, Cross R over L Step L to L side, Cross R behind L, Step L to L side &8&

Section 2: Cross rock, Recover, Side w/ drag, Sailor, Touch behind, 1/2 unwind

- Rock R over L, Recover weight on L 1.2
- 3,4 Big step R, Drag L into R
- 5&6 Cross L behind R, Step R to R side. Step L to L side
- Touch R toe behind L, unwind a ¹/₂ turn R weight on R (6:00) 7,8

Restart here on wall 6

Section 3: ¹/₄ hip bump, ¹/₄ hip bump ¹/₄ hip bump, Forward hip bump

- 1&2 1/4 turn R touching L toe forward as you bump your hip L, Bump hip R, Bump hip L as you drop your heel weight on L (9:00)
- 3&4 1/4 turn R touching R toe to R side and bump hip forward, bump back, Bump hip forward and drop heel weight on R(12:00)
- 5&6 1/4 turn R touch L toe to L side and bump hip L, Bump hip R, Bump hip L and drop heel weight on L(3:00)
- 7&8 Touch R toe forward and bump hip forward, Bump hip back, Bump hip forward and drop heel weight on R

Section 4: L forward press together, R press recover, Back w/ body roll, Together, Back w/ body roll and touch

- 1,2& Press L forward, Recover on R, Step L next to R
- 3.4 Press R forward, Recover on L
- 5.6& Touch R toe back starting body roll, Finish body roll as you drop R heel, Step L next to R
- 7,8 Touch R toe back starting body roll, Finish body roll as you drop R heel and touch L next to R

Ending: Dance will end on 32 counts doing your body roll back facing 9:00. When you finish the final body roll angle body towards 12:00 by looking over R shoulder.

End of dance. Any questions email Michellelinedance@gmail.com





Wall: 4