

Growing Pains

Count: 32

Wall: 4

Level: Beginner

Choreographer: Ryan King (UK) - February 2025

Music: Growing Pains - Trousdale



Intro: 16 Counts after heavy beat starts.

Modified K Step Shuffle, L Rock Recover

- 1 2 Step forward R to R diagonal, touch L behind R.
- 3 4 Step back L to L diagonal, touch R next to L.
- 5 & 6 R shuffle back stepping R, L, R.
- 7 8 Rock back L, recover onto R.

Walk L, R, L Shuffle, Cross 1/4 R Chasse

- 1 2 Walk forward L, R.
- 3 & 4 L shuffle forward stepping L, R, L.
- 5 6 Cross R over L, make 1/4 R stepping back on L.(3 o'clock)
- 7 & 8 Step R to R side, step L next to R, step R to R side.

L Cross Recover Chasse, R Cross Recover Chasse

- 1 2 Cross L over R, recover onto R.
- 3 & 4 Step L to L side, step R next to L, step L to L side.
- 5 6 Cross R over L, recover onto L.
- 7 & 8 Step R to R side, step L next to R, step R to R side.

Cross Weave, L Rock Recover Coaster

- 1 2 Cross L over R, step R to R side.
 - 3 4 Step L behind R, step R to R side
 - 5 6 Rock forward L, recover onto R
 - 7 & 8 Step back L, step R next to L, step forward L.
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