No More



Count: 32 Wall: 4 Level: Absolute Beginner

Choreographer: Helaine Norman (USA) - February 2025

Music: The Door - Teddy Swims



Intro: 32

No tags or restarts

I. TEMPTATION X2

1-4 Rock R forward diagonally, recover to L, rock R forward diagonally, hold 5-8 Rock L forward diagonally, recover to R, rock L forward diagonally, hold

II. V STEP; PIVOT 1/4 L-TURN X2

1-4 Step R forward diagonally, step L forward diagonally, return R to center, return L next to R

5-6 Step R forward making ¼ turn left (9:00), weight to L 7-8 Step R forward making ¼ turn left (6:00), weight to L

III. SIDE, TOUCHES IN-OUT-IN; SIDE, TOUCHES IN-OUT-IN

Step R side, touch L together, touch L side, touch L together
Step L side, touch R together, touch R side, touch R together

IV. ROCKING CHAIR, 1/4 R-TURN JAZZ BOX

1-4 Rock R forward, recover to L, rock R back, recover to L

5-8 Step R over, step L back, step R side making 1/4 turn right (9:00), step L together

REPEAT

Helaine43@gmail.com