

# Sugar Free

**COPPER KNOB**  
BY STEPHENETS

Count: 32

Wall: 4

Level: Improver / Intermediate

Choreographer: Megan Barsuglia (USA) - 12 July 2024

Music: Sugar Daddy - Kylie Morgan



Count-in 16 counts

Structure \*Restart after 16 counts on walls 4 and 7

## [1-32] COUNTS From 12 O'clock

### [1-8] Step, 1/2 Turn L, 1/2 Turn L, Back Lock Step, Rock, Recover, 1/4 Turn R, Close, Cross 3:00

- 1, 2 Step R forward (1), Turn 1/2 L step L forward (2) 6:00
- 3 & 4 Turn 1/4 L step R to right (3), cross L over R (&), turn 1/4 L step R back (4) 12:00
- 5, 6 Rock L back (5), recover R (6) 12:00
- 7 & 8 1/4 Turn R step L to left (7), step R together(&), cross L over R (8) 3:00

### [9-16] Step, Behind, Side, Cross, Rock, 1/4 Turn Recover, 1/2 Turn Triple, Step 12:00

- 1, 2 & 3 Step R to right (1), step L behind R (2), step R to right (&), cross L over R (3) 3:00
- 4, 5 Rock R to right (4), turn 1/4 R recover L (5) 6:00
- 6 & 7 Turn 1/4 R step R to right (6), step L together (&) turn 1/4 R step R forward (7) 12:00
- 8 \* Step L forward, \*Restart on walls 4 and 6

### [17-24] Cross, Rock, Recover, Cross, Rock, Recover, Cross, Back, 1/4 Turn Side, Forward 3:00

- 1 & 2 Cross R over left (1), rock L to left (&), Recover R (3) 12:00
- 3 & 4 Cross L over right (3), rock R to left (&) Recover L (4) 12:00
- 5, 6 Cross R over L (5), step L Back (6) 12:00
- 7, 8 Turn 1/4 R Step R to right (7), step L forward(8) 3:00

### [25-32] Rock, Recover, 1/2 Turn Triple, Rock, Recover, 1/2 Turn Triple 3:00

- 1, 2 Rock R forward (1), Recover L (2) 3:00
  - 3 & 4 Turn 1/4 R step R to right (3), step L together (&), turn 1/4 R step R forward 9:00
  - 5, 6 Rock L forward (1), recover R (2) 9:00
  - 7 & 8 Turn 1/4 L step L to left (3), step R together (&), turn 1/4 L step L forward 3:00
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