

You Can't Stop Me From AB Dancing

COPPER **KNOB**
STEPSHEETS

Count: 32

Wall: 4

Level: Absolute Beginner

Choreographer: Sue Korek (USA) - 3 February 2025

Music: Break My Stride - Matthew Wilder

or: Front Row Seat - Richard Marx



Alternate Music:

Front Row Seat (Richard Marx—7 February 2020), Intro: 32 counts, bpm=132

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Section 1 (KICK, KICK, BASIC RIGHT)

1-2 Kick R cross L, step R beside L
3-4 Kick L cross R, step L beside R
5-6 Step R right, step L beside R
7-8 Step R right, touch L beside R

Section 2 (KICK, KICK, BASIC LEFT)

1-2 Kick L cross R, step L beside R
3-4 Kick R cross L, step R beside L
5-6 Step L left, step R beside L
7-8 Step L left, brush R

Section 3 (JAZZ BOX IN PLACE, TWO 1/8 PIVOT TURNS)

1-2 Step R across L, step L back
3-4 Step R to right, step L beside R
5-6 Step forward R, turn 1/8 step L
7-8 Step forward R, turn 1/8 step L

Section 4 (ROCKING CHAIR, V-STEP)

1-2 Rock R forward, recover on L
3-4 Rock R backward, recover on L
5-6 Step R diagonally right, step L diagonally left
7-8 Step R right back, step L back

Enjoy this fun Absolute Beginner dance!

Contact: suekorek@gmail.com

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