

4x4xU Babe

COPPER KNOB
BY SHEETS

Count: 32

Wall: 4

Level: Beginner NC2S

Choreographer: Sheryl Bradley (USA) - February 2025

Music: 4x4xU - Lainey Wilson



#16 Count intro

Floor split with the intermediate level dance by Kevin Formosa.

Weight on LF. One restart wall 6, facing 6:00, after 8 counts.

BASIC NC R&L, ¼ L BASIC NC, R BASIC NC

- 1,2& Step LF to L, rock RF behind, recover LF
- 3,4& Step RF to R, rock LF behind, recover RF
- 5,6& Turn ¼ L, Step LF to L, rock RF behind, recover LF
- 7,8& Step RF to R, rock LF behind, recover RF

Restart wall 6.

SYNCOPATED VINE R W/HOLD, CHASSE R, ROCK BACK RECOVER

- 1,2& RF to R, LF behind RF, RF to side
- 3,4 Cross LF over RF, hold
- 5&6 Side, together side, R-L-R
- 7,8 Rock LF behind RF, recover RF

SYNCOPATED VINE L W/HOLD, CHASSE L, ROCK BACK RECOVER

- 1,2& LF to L, RF behind LF, LF to side
- 3,4 Cross RF over LF, hold
- 5&6 Side, together side, L-R-L
- 7,8 Rock RF behind LF, recover LF

WIZARDS R&L, SYNCOPATED ROCKING CHAIR, SYNCOPATED JAZZ BOX CROSS

- 1,2& RF forward diagonally, LF behind RF, recover RF
- 3,4& LF forward diagonally, RF behind LF, recover LF
- 5&6& RF forward, recover LF, RF back, recover LF
- 7&8& Cross RF over LF, step LF back, step RF next to LF, cross LF over RF

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