

# Wildflowers

Count: 64

Wall: 4

Level: Phrased Improver

Choreographer: Séverine DESPINOY (FR) - January 2025

Music: Wildflowers and Wild Horses - Lainey Wilson



**Introduction : 16 counts**

**Sequence : A - A - A - A - B ( 16 ) - B - B - B - B - A - B - B ( 16 ) - A - Final**

**PART A : 32 counts , 4 walls**

**(STEP FORWARD, TOUCH) X2, ROCKING CHAIR**

- 1.2 Step RF forward - Touch left toe to the left
- 3.4 Step LF forward - Touch right toe to the right
- 5.6 Rock step RF forward - Recover on LF
- 7.8 Rock step RF back - Recover on LF

**STEP FORWARD, 1/2 TURN, 1/4 TURN, SIDE STEP, SLOW BEHIND SIDE CROSS, SIDE ROCK**

- 1.2.3 Step RF forward - 1/2 turn left (weight on LF) - 1/4 turn left ... Step RF to the right (3 : 00)
- 4.5.6 Cross LF behind RF - Step RF to the right - Cross LF in front of RF
- 7.8 Rock step RF to the right - Recover on LF

**WEAVE TO THE LEFT, SWEEP, SLOW BEHIND SIDE CROSS, UNWIND**

- 1.2.3 Cross RF in front of LF - Step LF to the left - Cross RF behind LF
- 4 Sweep LF from front to back
- 5.6.7 Cross LF behind RF - Step RF to the right - Cross LF in front of RF
- 8 Unwind 1/2 turn right (weight on LF) (9:00)

**(SIDE STEP, SLIDE, BACK ROCK) X2**

- 1.2 Step RF to the right - Slide LF beside RF
- 3.4 Rock step LF back - Recover on RF
- 5.6 Step LF to the left - Slide RF beside LF
- 7.8 Rock step RF back - Recover on LF

**PART B : 32 counts , 4 walls**

**FORWARD TRIPLE, 1/4 TURN, SIDE TRIPLE, CROSS, HEEL JACK, CROSS, SIDE**

- 1&2 Step RF forward - Step LF beside RF - Step RF forward
- 3&4 1/4 turn right ... Step LF to the left - Step RF beside LF - Step LF to the left (3:00)
- 5 Cross RF behind LF
- &6& Step LF in left back diagonal - Touch Right heel in right forward diagonal - Step RF beside LF
- 7.8 Cross LF in front of RF - Step RF to the right

**SAILOR STEP X2, SYNCOPATED WEAVE, TRIPLE CROSS**

- 1&2 Cross Left ball foot behind RF - Step RF to the right - Step LF to the left
- 3&4 Cross Right ball foot behind LF - Step LF to the left - Step RF to the right
- 5&6& Cross LF behind RF - Step RF to the right - Cross LF in front of RF - Step RF to the right
- 7&8 Cross LF in front of RF - Step RF to the right - Cross LF in front of RF

**\*\* Restarts \*\***

**SIDE ROCK, 1/4 TURN, COASTER STEP, ROCK STEP, COASTER CROSS**

- 1.2 Rock step RF to the right - Recover on LF
- 3&4 1/4 turn right ... Step right ball foot back - Step Left ball foot beside RF - Step RF forward (6:00)
- 5.6 Rock step LF forward - Recover on RF
- 7&8 Step Left ball foot back - Step right ball foot beside LF - Cross LF in front of RF

## **FIGURE OF 8**

- 1.2.3 Step RF to the right - Cross LF behind RF - 1/4 turn right ... Step RF forward (9:00)
- 4.5.6 Step LF forward - 1/2 turn right - 1/4 turn right ... Step RF to the left (6:00)
- 7.8 Cross RF behind LF - 1/4 turn left ... Step LF forward (3 : 00)

## **\*\* FINAL \*\***

**Just dance the 6 following steps :**

- 1.2 Step RF forward - Touch LF to the left
- 3.4 Step LF forward - Touch RF to the right
- 5.6 Step RF forward - 1/4 turn left (12:00)

**La danse doit rester un plaisir alors Keep smiling !**

---