

Slow Motion

Count: 32

Wall: 4

Level: Improver

Choreographer: Stéphanie Bijon (FR) - January 2025

Music: Slow Motion - Marshmello & Jonas Brothers



Intro : 16 counts – 1 restart wall 4 after 16 counts

[1-8] STEP FWD R, STEP FWD L, ANCHOR STEP, ½ TURN L, ½ TURN L w/SWEEP L, BEHIND SIDE CROSS

12 Step RF forward (1), Step LF forward (2)
3&4 Step RF behind LF (3), Recover weight on LF (&), Step RF back (4)
56 ½ turn L, step LF forward (5), ½ turn L, step RF back with sweep LF from front to back (6)
7&8 Cross LF behind RF (7), Step RF to R side (&), Cross LF over RF (8)

[9-16] SWAY RLRL, CROSS SIDE BEHIND SWEEP L

12 Sway R to R side (1), Sway L to L side (2)
34 Sway R to R side (3), Sway L to L side (4)
56 Cross RF over LF (5), Step LF to L side (6)
78 Sweep LF from front to back on 2 counts (7 8)

***Restart here on Wall 4 facing 9:00 on 8 count Cross LF behind RF and restart the dance**

[17-24] BEHIND SIDE CROSS ROCK L, RECOVER R , ¼ TURN L STEP FWD L, STEP FWD R, SHUFFLE L FWD

12 Step LF behind RF (1), Step RF to R side (2)
34 Cross rock LF over RF (3), Recover on RF (4)
56 ¼ turn L, step LF forward (5), Step RF forward (6) 09:00
7&8 Step LF forward (7), Step RF behind LF (&), Step LF forward (8)

[25-32] PADDLE TURN ¼ x2, JAZZBOX

12 Step RF forward (1), Pivot ¼ turn to L (2)
34 Step RF forward (3), Pivot ¼ turn to L (4)
56 Cross RF over LF (5), Step LF back (6)
78 Step RF to R side (7), Step LF forward (8)

Ending Wall 8 : replace JAZZBOX by JAZZBOX ¼ TURN R to finish at 12:00