

# Feel No Pain

**COPPERKNOB**  
STEPSHEETS

**Count:** 32

**Wall:** 4

**Level:** Upper Beginner

**Choreographer:** Linda Pink (AUS) - January 2025

**Music:** Islands in the Stream - Music Travel Love & Marsha Milan



**Introduction Counts: 16 Min: 4:08**

## **SIDE ROCK, CROSS SHUFFLE, SIDE ROCK, CROSS SHUFFLE**

1,2 Step R to the side, Side Rock onto L  
3&4 Shuffle R across L stepping R,L,R  
5,6 Step L to the side, Side Rock onto R  
7&8 \* Shuffle L across R stepping L,R,L 12.00

## **¼ BACK, ¼ STEP FORWARD, SHUFFLE FORWARD, ROCKING CHAIR**

1,2 # Turn ¼ L Step R Back, Turn ¼ L Forward  
3&4 Shuffle Forward Stepping R,L,R  
5,6 Rocking Chair: Step L Forward, Rock back onto R  
7,8 Step L Back, Rock Forward onto R 6.00

## **PIVOT TURN, PADDLE TURN, WEAVE RIGHT, POINT**

1,2 Pivot Turn: Step L Forward, Turn ½ Right take weight onto R 12.00  
3,4 Paddle Turn: Step L Forward, Turn ¼ Right take weight onto R 3.00  
5,6,7 Step L across R, Step R to the side, Step L behind R  
8 Point R to the side

## **STEP FORWARD, SWEEP, STEP FORWARD, SWEEP, JAZZ BOX CROSS**

1,2 Step R Forward, Sweep L Forward  
3,4 Step L Forward, Sweep R Forward  
5,6 Jazz Box: Step R across L, Step L Back  
7,8 Step R to the side, Step L across R 3.00

## **TAG WALL 5**

**Dance to beat 10 # and add the following tag**

1,2 Walk Forward R,L (Restart Facing 6.00)

## **RESTART WALL 11**

**Dance to beat 8 \* and Restart (Restart Facing 9.00)**

---