

I Had Some Help

Count: 32

Wall: 4

Level: Improver

Choreographer: Ida mayang susanti (INA) - January 2025

Music: I Had Some Help (feat. Morgan Wallen) - Post Malone



***1x Restart (@wall 4 after 16 count)**

Intro 32 count, Start dance on vocal

SEC.I. GRAFEVINE R, ROLLINGVINE L

1 2 3 4 Step RF to R side (1), step LF behind RF (2), Step RF to R side (3), Step touch LF next to RF
5 6 7 8 Turn L $\frac{1}{4}$, Step LF (5) (9.00), Step RF forward ,turn $\frac{3}{4}$ (6), Step LF to L side (7), Touch RF
next to LF (8) (12.00)

SEC.II. V STEP, DIAGONAL FORWARD TOUCH, BACKWARD TOUCH

1 2 3 4 Step out diagonal RF (1), Step out diagonal LF (2), Step back to center RF (3), Step back to
center LF (4)
5 6 7 8 Step out diagonal RF (5), Step touch LF next to RF (6), Step back LF (7), Step touch RF next
to LF (8) turn $\frac{1}{4}$ to R (3.00).

SEC.III. SIDE TOUCH R/L, LOCKSHUFFLE FORWARD R/L

1 2 3 4 Step RF to R side (1), Step touch LF next to RF (2), Step LF to L side (3), Step touch RF next
to LF
5 &6 Step RF forward diagonal (5), Stepping LF behind RF (&), Step RF forward diagonal (6)
7 &8 Step LF forward diagonal (7) Stepping RF behind LF (&), Step LF forward diagonal (8)

SEC.IV. JAZZ BOX , SWIVEL TO L

1 2 3 4 Cross RF over LF (1), Step back LF (2), Step RF to R side (3), Step LF close to RF (4)
5 6 7 8 Swivel heels together to L side (5), Swivel together toes to L (6), Swivel heels together to L
side (7), Swivel together toes to L (8)

Enjoy the dance and have fun

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