

Fell in Love With a Cowgirl

COPPER KNOB
STEPSHEETS

Count: 32

Wall: 4

Level: Beginner

Choreographer: Vikki Morris (UK) - January 2025

Music: Cowgirl - Parmalee



Start: 16 counts – on the word “She”

S1: R Toe Strut, L Toe Strut, R Rocking Chair

1 2 Touch Right toe forward, Slap heel down
3 4 Touch Left toe forward, Slap heel down
5 6 Rock forward on Right, Recover on Left
7 8 Rock back on Right, Recover on Left

S2: R Toe Strut, L Toe Strut, R Cross Rock, Recover L, R Side Rock, Recover L

1 2 Touch Right toe forward, Slap heel down
3 4 Touch Left toe forward, Slap heel down
5 6 Cross Rock Right over Left, Recover on Left
7 8 Rock Right to Right side, Recover on Left

S3: R Heel Grind, L Side, R Behind, L Side, R Heel Grind ¼ R, Back L, R Back Rock, Recover L

1 2 Grind Right heel over Left, Step Left to Left side
3 4 Cross Right behind Left, Step Left to Left side
5 6 Grind Right heel over Left as you turn ¼ turn Right, Step back Left 3.00
7 8 Rock back on Right, Recover on Left

S4: R Diag Step, Touch L, L Diag Step, Touch R, & Jump Out, Clap, & Jump Back, Clap

1 2 Step forward Right to Right diagonal, Touch Left next to Right
3 4 Step forward Left to Left diagonal, Touch Right next to Left
&5 6 Jump forward and out on Right, Jump forward and out on Left, Clap hands
&7 8 Jump back on Right, Jump back on Left, Clap hands

NO TAGS OR RESTARTS ☐