

Beach Life

COPPERKNOB
STEPSHEETS

Count: 32

Wall: 4

Level: Beginner

Choreographer: Mary Lacoste (USA), Kristal Oelkers (USA) & Stacy Russell (USA) - September 2022

Music: Beach Life - Rivermist

or: Apple Juice - Teddy Swims



#32 Count Intro.

HALF TURN RIGHT MONTEREY (X2)

- 1-2 Point RF to R side, half turn R while stepping RF next to LF
- 3-4 Point LF to L side, Step LF next to RF
- 5-6 Point RF to R side, half turn R while stepping RF next to LF
- 7-8 Point LF to L side, step LF next to RF

K STEP

- 1,2,3,4 Step RF forward to R diagonal, Touch LF next to R, Step LF back to L diagonal, Touch RF next to L
- 5,6,7,8 Step RF back to R diagonal, touch LF next to R, Step LF forward to L diagonal, touch RF next to L

SUGARFOOT, CROSS SHUFFLE, SUGARFOOT, CROSS SHUFFLE

- 1-2 Right toe diagonal tap, right heel diagonal tap,
- 3&4 Cross RF over LF, step LF to L side, cross RF over LF
- 5-6 L toe diagonal tap, L heel diagonal tap
- 7&8 Cross LF over RF, step RF to R side, cross LF over RF

SUGARFOOT CROSS SHUFFLE ¼ TURN, ROCK L FORWARD, LEFT COASTER STEP

- 1-2 Right toe diagonal tap, right heel diagonal tap,
 - 3&4 Cross RF over LF, step LF to L side, cross RF over LF
 - 5-6 ¼ turn L, rock LF forward, recover RF
 - 7&8 step back on LF, step RF beside LF, step forward on LF
-