

# Ready To Rise

**COPPER** KNOB  
STEPSHEETS

**Count:** 32

**Wall:** 2

**Level:** Absolute Beginner

**Choreographer:** Sherry Kemp (USA) - January 2025

**Music:** Rise - Calum Scott



**Begin on lyrics "staring" approx 9th count**

**Walk forward x3, touch, walk back x3, touch**

1-4 Walk forward R, L, R, Lf touch

5-8 Walk back L, R, L, Rf touch

**Vine right, hips L, R, L, R**

1-4 Rf step right, Lf behind, Rf step right, Lf touch ( option: ct 1-4 arms cross opening to shoulder height )

5-8 Lf step left with hip sway L, R, L, R ( option: ct 5-6 arms raise up with L, R sways and 7,8 arms lower on L, R sways )

**Vine left, vine 1/4 right**

1-4 Lf step left, Rf behind, left step left, Rf touch

5-8 Rf step right, Lf behind, Rf step 1/4 right, Lf touch

**Rock forward, recover, step back, touch, rock forward, recover, step back, step together\***

1-4 Lf step forward, Rf step in place, Lf step back, Rf touch (option: ct 1 raise arms forward chest height and back on 2)

5-8 Rf step forward, Lf step in place, Rf step back, Lf step together

( option: ct 5 raise arms chest height and back on 6 )

**Huge fan of Calum Scott's music ☐**

**This dance was created to compliment our favored Beginner level version and to offer basic level dancers expanded purpose for the music with split floor social dancing option also.**

**Please copy in full format and make no alterations.**