

# Walk of Life

Count: 160

Wall: 2

Level: Phrased Intermediate

Choreographer: Isabelle Konrath (FR) - November 2024

Music: Walk of Life - Dire Straits



Intro: 64 counts

Sequence: A A B Tag guitar A B Tag guitar (circle option) A A C C C C A A

**A Part: 32 counts, 1 wall**

**[1-8] HOOK R-L, STEP, TOUCH**

- 1-2 Hook RF over L, RF step side (12:00)
- 3-4 Hook LF over R, LF step side
- 5-6 Hook RF over L, RF touch side (weight on LF)
- 7-8 Hook RF over L, RF step side (weight on RF)

**[9-16] HOOK R-L, STEP, TOUCH**

- 1-2 Hook LF over R, LF step side (12:00)
- 3-4 Hook RF over L, RF step side
- 5-6 Hook LF over R, LF touch side (weight on RF)
- 7-8 Hook LF over L, LF step side (weight on LF)

**[17-24] GRAPEVINE, TOUCH R - L**

- 1 - 4 RF step side, LF cross behind RF, RF step side, LF touch next RF (12:00)
- 5 - 8 LF step side, RF cross behind LF, LF step side, RF touche next LF

**[25-32] STEP, TOUCH ¼ TURN R X 4**

- 1-2 ¼ Turn R and RF step fwd, touch LF next RF (03:00)
- 3-4 ¼ Turn R and LF step L side, touch RF next LF (06:00)
- 5-6 ¼ Turn R and RF step fwd, touch LF next RF (09:00)
- 7-8 ¼ Turn R and LF step L side, touch RF next LF (12:00)

**B Part: 96 counts, 1 wall**

**[1-8] STEP ¼ R, STEP, TOUCH**

- 1-2 Step RF to R side, step LF beside RF (12:00)
- 3-4 ¼ R and RF fwd, touch LF beside RF (03:00)
- 5-6 Step LF fwd, touch R toe behind RF
- 7-8 Step RF back, touch LF beside RF

**[9-16] STEP 1/4 L, STEP, TOUCH**

- 1-2 ¼ L and LF side, touch RF beside LF (12:00)
- 3-4 ¼ L and LF fwd, touch RF beside LF (09:00)
- 5-6 Step RF fwd, touch L toe behind RF
- 7-8 Step LF back, touch RF beside LF

**[17-24] STEP ¼ R, STEP, TOUCH**

- 1-2 ¼ R and RF side, touch LF beside RF (12:00)
- 3-4 ¼ R and RF fwd, touch LF beside RF (03:00)
- 5-6 Step LF fwd, touch R toe behind LF
- 7-8 Step RF back, touch LF beside RF

**[25-32] STEP ¼ R, STEP, TOUCH**

- 1-2 ¼ L and LF side, step RF beside LF (12:00)
- 3-4 ¼ L and LF fwd, touch RF beside LF (09:00)

- 5-6 Step RF fwd, touch L toe behind RF  
7-8 Step LF back, touch RF beside LF

**[33-40] ¼ R, POINT R, STEP, TOUCH**

- 1-2 ¼ R point RF to the R side, touch RF beside LF (12:00)  
3-4 Step RF side, touch LF beside RF  
5-6 Point LF to L side, touch LF beside RF  
7-8 Step LF side, touch RF beside LF

**[41-48] HEEL STRUT R - L**

- 1-2 Step heel R fwd, toe R drop in place (12:00)  
3-4 Step heel L fwd, toe L drop in place  
5-6 REPEAT (1-2)  
7-8 REPEAT (3-4)

**[49-56] POINT R, STEP, TOUCH**

- 1-2 Point RF to the R side, touch RF beside LF (12:00)  
3-4 Step RF side, touch LF beside RF  
5-6 Point LF to L side, touch LF beside RF  
7-8 Step LF side, touch RF beside LF

**[57-64] TAG GUITAR**

- 1-2 Turn body slightly to the R, stomp RF  
3-4 Bend your knees, pick up the "guitar"  
5-6 Get up weight on LF, hitch RF  
7-8 Strumming guitar

**[65-72 ] DIAGONAL, STEP TOUCH, CLAP**

- 1-4 Turn body slightly to the L  
**Step RF fwd, step LF beside RF, step RF fwd, touch LF beside RF, (clap) & turn the body slightly to the R (12:00)**  
5-8 Step LF fwd, step RF beside LF, step LF fwd, touch RF beside LF, (clap)

**[73-80] REPEAT 65-72**

**[81-88] STEP BACK, HOOK**

- 1-2 Step RF back, hook slightly LF over RF (12:00)  
3-4 Step LF back, hook slightly RF over LF  
5-6 Step RF back, hook slightly LF over RF  
7-8 Step LF back, hook slightly RF over LF

**[89-96] REPEAT 81-88 (circle option, turn L side)**

**C Part: 32 counts, 2 walls**

**[1-8] STEP, TOE, KICK, HOOK, SCUFF**

- 1-2 Step RF fwd, touch L toe behind RF (12:00)  
3-4 Step LF back, kick RF  
5-6 Step RF back, hook LF over RF  
7-8 Step LF fwd, scuff RF

**[9-16] STEP, TOUCH R L**

- 1-2 Step RF R side, step LF beside RF  
3-4 Step RF R side, step LF beside RF  
5-6 Step LF L side, step RF beside LF  
7-8 Step RF R side, step LF beside RF

**[17-24] MONTEREY TURN ¼ R**

- 1-2 Point RF to R side, turn ¼ R and bringing the RF beside LF
- 3-4 Point LF to L side, close LF beside RF
- 5-6 Point RF to R side, turn ¼ R and bringing the RF beside LF
- 7-8 Point LF to L side, close LF beside RF

**[25-32] RUMBA BOX**

- 1-2 Step RF to R side, step LF beside RF
- 3-4 Step RF fwd, touch LF beside RF
- 5-6 Step LF to L side, step RF beside LF
- 7-8 Step LF back, touch RF beside LF step, LF back, touch RF beside LF

**Finish the dance with the counts : B 81 – 88**

**Have fun & enjoy the dance**

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**Last Update: 30 Dec 2024**

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