Rise My Love

Count: 32   **Wall:** 2   **Level:** Newcomer

Choreographer: José Coronado (ES) - 2 December 2024

Music: Rise - Calum Scott : (Album: Bridges)

Intro: 8 counts - without tags or restarts

Step sheet by: J.J. Vara (Catalonian-Spain)

ROCK RIGHT & STEP LEFT, CROSS PASS CROSS RIGHT, PIVOT 1/4 LEFT, SHUFFLE AND PIVOT 1/2 LEFT.
Start with your feet together (12:00 o'clock).

1-2-	Rock to the right with the right foot. Step in place with the left foot (Left Step).
3-4-	Cross the right foot in front of the left foot doing a Shuffle.
5-6-	Rock with the left foot turning 1/4 turn to the left (9:00 o'clock) and right step.
7-8-	Shuffle turning 1/2 turn left with left foot (3:00 o'clock).

ROCK RIGHT & STEP LEFT, COASTER STEP RIGHT. ROCK LEFT & STEP RIGHT, COASTER STEP LEFT.

9-10-	Rock in front with the right foot. Step in place with your left foot.
11-12-	Coaster Step with the right foot
13-14-	Rock in front with his left foot. Step into place with your right foot.
15-16-	Coaster Step with left foot.

SHUFFLE, STEP LEFT & PIVOT 1/4 RIGHT. CROSS PASS CROSS LEFT. ROCK RIGHT & STEP LEFT.

17-18-	Shuffle forward with right foot.
19-20-	Step forward with the left foot and turn 1/4 turn to the right (6:00 o'clock).
21-22-	Cross the left foot in front of the right foot doing a Shuffle.
23-24-	Rock on the right with the right foot. Step in place with your left foot.

SAILOR STEP RIGHT. SAILOR STEP & PIVOT 1/2 LEFT. STEP RIGHT & PIVOT 1/2 LEFT. STOMP RIGHT, STOMP LEFT.

25-26-	Sailor Step with the right foot.
27-28-	Sailor Step turning 1/2 turn to the left with the left foot (12:00 o'clock).
29-30-	Step forward with the right and 1/2 turn (6:00 o'clock).
31-32-	Right Stomp and Left Stomp.

Starting over.

ENDING: Final sequence after the Stomp: SLIDE RIGHT & TOUCH LEFT.
At the end of the dance, after steps 31-32, the right foot is moved to the right and the left foot is approached in a Touch.

RISE MY LOVE

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