

# Mbushe

Count: 32

Wall: 4

Level: Beginner

Choreographer: Bp. Suroto (INA) - December 2024

Music: Mbushe - Bes Kallaku, Mariglen Hazizaj & Florjan Sacma



No tags, 1 restart ( on w6 after 16C )

## S1. SIDE MAMBO R,L - FORWARD MAMBO, BACK MAMBO

1&2 Step R to side, Recover on L, Step R next to L.  
3&4 Step L to side, Recover on R, Step L next to R  
5&6 Step R forward, Recover on L, Step R next to L.  
7&8 Step L back, Recover on R, Step L next to R

## S2. WEAVE SYCHOPATED R,L , TOGETHER, LIFT HEEL

1&2& Cross Rf over Lf, Step Lf to left side, Cross Rf behind Lf, Step Lf to left side  
3&4 'Cross Rf over Lf, Step Lf beside Rf and lift heel then push hip back, Drop heel  
5&6& Cross Lf over Rf, Step Rf to right side, Cross Lf behind Rf, Step Rf to right side  
7&8 Cross Lf over Rf, Step Rf beside Lf and lift heel then push hip back, Drop heel

## S3. 1/4 DIAMOND, SWAY, CROSS SHUFFLE

1&2& Cross Rf over Lf, Step Lf to left side, 1/8 turn R Step back on Rf, Hitch on Lf  
3&4 Step back on Lf, 1/8 turn R Step R to right side, Step Lf forward  
5-6 Step R to side while swaying hips to R - sway to L  
7&8 Cross R over L, Step L to side, Cross R over L.

## S4. FORWARD LOCK SHUFFLE, 1/2 PIVOT RUN

1-2 step L forward, locked R behind L  
3&4 Step L Forward, Locked R Behind L (&), Step L Forward  
5-6 Step R forward - Turn 1/2 Left weight on L  
7&8 Run R,L,R close together