

Dance Forever

Count: 32

Wall: 4

Level: Beginner / Improver

Choreographer: Derek Robinson (UK) - December 2024

Music: Young Forever (Latino Remix) - Lian Ross : (Greatest Hits and Remixes)



The dance was choreographed by Derek Robinson to celebrate his 91st birthday

#32 count intro - Start with vocals on the word "young" - No tags or restarts

Sec 1 MAMBO SWAYS FORWARD, WALK ½ CIRCLE RIGHT

- 1&2 With weight on left touch right to side swaying hips right, recover onto left, step forward on right
- 3&4 With weight on right touch left to side swaying hips left, recover onto right, step forward on left
- 5-6-7-8 Walk in a wide ½ circle right (with attitude), stepping - R L R L (6.00)

Sec 2 FORWARD ROCK, COASTER STEP, SIDE ROCK, SAILOR ¼ TURN

- 1-2 Rock forward on right, recover onto left
- 3&4 Step back on right, step left beside right, step forward on right
- 5-6 Rock to left side on left, recover onto right
- 7&8 Turning ¼ left cross left behind right, step right to right side, step left in place (3.00)

Sec 3 FORWARD, POINT, BACK, POINT, FORWARD ROCK, SHUFFLE ½ TURN

- 1-2-3-4 Step forward on right, point left toe to side, step back on left, point right toe to right side
- 5-6 Rock forward on right, recover onto left
- 7&8 Shuffle back ½ turn right stepping R L R (9.00)

Sec 4 ACROSS, SIDE, BEHIND-SIDE-CROSS, SIDE ROCK, BACK ROCK

- 1-2 Cross left over right, step right to right side,
- 3&4 Cross left behind right, step right to right side, cross left over right
- 5-6 Rock to right side on right, recover onto left
- 7-8 Rock back on right, recover on left

Begin again

Ending: Adjustment not required - The dance finishes at the end of wall 12 facing the front
