Good Hearted Woman

Level: Beginner / Improver

Choreographer: René Debril (FR) - December 2024 Music: Good Hearted Woman - West

Intro : 16 Counts - No Tag - No Restart

Count: 32

S1 SIDE ROCK, CROSS SHUFFLE, STEP ¼ TURN R, CROSS SHUFFLE

- RF to the R, Recover on LF 1-2
- 3&4 Cross RF over LF, LF to the L, Cross RF over LF
- LF Fwd, 1/4 Turn R (Weight on RF) 3:00 5-6
- 7&8 Cross LF over RF, RF to the R, Cross LF over RF

S2 POINT SWITCHES, HEEL SWITCHES, KICK BALL STEP X 2

- 1&2 R Point to the R, Together, L Point to the L
- & Together
- 3&4 R Heel Fwd, Together, L Heel Fwd
- & Together
- 5&6 Kick RF Fwd, Together, LF Fwd
- 7&8 Kick RF Fwd, Together, LF Fwd

S3 ROCK STEP, TRIPLE FULL TURN *, CROSS, SIDE, BEHIND -SIDE - CROSS

- 1-2 RF Fwd, Recover on LF
- 3&4 Triple step in Full Turn R (R-L-R) * (Easy Option : Coaster Step)
- Cross LF over RF, RF to the R 5-6
- 7&8 Cross LF Behind RF, RF to the R, Cross LF over RF

S4 SIDE ROCK, CROSS SHUFFLE, HINGE ½ TURN R, CROSS SHUFFLE

- 1-2 RF to the R, Recover on LF
- 3&4 Cross RF over LF, LF to the L, Cross RF over LF
- 5-6 1/4 Turn R – LF Back, 1/4 Turn R – RF to the R 9:00
- Cross LF over RF, RF to the R, Cross LF over RF 7&8

Written especially for the 15th anniversary of the American Dream on 11/30/2024

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