Liar, You Ain't Nothin'

Count: 64	**Wall:** 2	**Level:** High Improver
Choreographer: Trisha Costelow (USA) - December 2024		
Music: Liar - Jelly Roll		

Intro: 8 counts

Notes: While the dance is 64 counts, it's really only 32 counts of choreography that repeats on each foot – 32 counts starting on the left foot, then the same 32 counts of choreography starting with the right to finish the 64 counts of 1 "wall". It is a 1 wall dance, except for the last 64 counts, due to the restart. The 1 restart happens the 5th time through after 48 counts (16 counts into the right lead), after the guitar solo, when you are facing the back wall.

[1-8] Side Rock recover, Behind side cross, Heel Grind 1/4 turn, Coaster
1-2	Step L to left, recover weight back to R
3&4	Step L behind R, step R to right side, cross L over R
5-6	Step onto R heel making a 1/4 turn to the right (3:00), recover weight onto L
7&8	R steps back, L steps back to R, R steps forward

[9-16] Pivot 1/4, Cross shuffle, Side mambos x2
1-2	Step forward on L, make a 1/4 turn to right as R steps to right side(6:00)
3&4	L crosses in front of R, R steps to the side, L crosses in front of R
5&6	R presses to right side, recover weight to L, cross R over L
7&8	L presses to left side, recover weight to R, cross L over R

[17-24] Forward rock recover, Triple step 1/2 turn, Triple step 3/8 turn, Back rock recover
1-2	Step R forward, recover weight back to L
3&4	Step R to side turning 1/4 turn to right (9:00), step L together to R, step R to front turning a 1/4 turn to right (12:00)
5&6	L steps in front of R an 1/8 turn to right (1:30), step R to L making an 1/8 turn to right (3:00), L steps slightly back making 1/8 turn to right (4:30)
7-8	Step back onto R on the diagonal (facing 4:30), recover weight back onto L (4:30)

[25-32] Kick ball cross, side step 1/4 pivot back, back step 1/2 pivot back, pivot 1/2 turn
1&2	Kick R to 4:30, step on R, cross L over R
3-4	Step R to side turning 1/8 to left to face 3:00, pivot feet/body a 1/4 turn to the left (12:00)
5-6	Step L back, pivot body a 1/2 turn to the left (6:00)
7-8	Step R forward, pivot body 1/2 turn to the left to step onto L (12:00)

(The next 32 counts are the same choreography, but on the opposite foot)

[33-40] Side Rock recover, Behind side cross, Heel Grind 1/4 turn, Coaster
1-2	Step R to right, recover weight back to L
3&4	Step R behind L, step L to left side, cross R over L
5-6	Step onto L heel making a 1/4 turn to the left (9:00), recover weight onto R
7&8	L steps back, R steps back to L, L steps forward

[41-48] Pivot 1/4, Cross shuffle, Side mambos x2
1-2	Step forward on R, make a 1/4 turn to left as L steps to left side (6:00)
3&4	R crosses in front of L, L steps to the side, R crosses in front of L
5&6	L presses to left side, recover weight to R, cross L over R
7&8	R presses to right side, recover weight to L, cross R over L

This is where the restart happens – the back wall is now 12:00

[49-56] Forward rock recover, Triple step 1/2 turn, Triple step 3/8 turn, Back rock recover

1-2	Step L forward, recover weight back to R
3&4	Step L to side turning 1/4 turn to left (3:00), step R together to L, step L to front turning a 1/4 turn to left (12:00)
5&6	R steps in front of L an 1/8 turn to left (10:30), step L to R making an 1/8 turn to left (9:00), R steps slightly back making 1/8 turn to left (7:30)
7-8	Step back onto L on the diagonal (facing 7:30), recover weight back onto R (7:30)

[57-64] Kick ball cross, side step 1/4 pivot back, back step 1/2 pivot back, pivot 1/2 turn

1&2	Kick L to 7:30, step on L, cross R over L
3-4	Step L to side turning 1/8 to right to face 9:00, pivot feet/body a 1/4 turn to the right (12:00)
5-6	Step R back, pivot body a 1/2 turn to the right (6:00)
7-8	Step L forward, pivot body 1/2 turn to the right to step onto R (12:00)