

# Am I Ok?

**COPPER** **NOB**  
STEPSHEETS

Count: 32

Wall: 4

Level: Improver

Choreographer: Lesley Klewinghaus (DE) - December 2024

Music: Am I Okay? - Megan Moroney



Intro: Start On Lyrics

Restart: Wall 5 after 16 counts, see note below

**[1-8] R KICK BALL CHANGE, CHASSE R, ¼ SAILOR TURN L, WALK WALK**

1&2 Kick R Fwd., Step On R, Step On L  
3&4 Step R To Side, Step L Next To R, Step R To Side  
5&6 Step L Behind R Turning ¼ L, Step R To Side, Step L In Place  
7-8 Walk R, Walk L

**[9-16] OUT, OUT, IN, IN, WALK BACK R & L, ¼ SAILOR TURN R, STEP L ACROSS, STEP R SIDE**

&1&2 Step R To Side, Step L To Side, Step R In, Step L In  
3-4 Walk Back R, Walk Back L  
5&6 Step R Behind L Turning ¼ R, Step L To Side, Step R In Place  
7-8 Step L Across R, Step R To Side (restart here on wall 5, see note below)

**[17-24] ROCK BACK L, ¾ TURN R, SHUFFLE FWD, ROCK R FWD, RECOVER L**

1-2 Rock L Back, Recover R  
3-4 Step L Back Turning ¼ R, Step R Fwd Turning ½ R  
5&6 Step L Fwd, Step R Next To L, Step L Fwd  
7-8 Rock R Fwd, Recover L

**[25-32] BACK POINT, BACK POINT, R BEHIND L, ¼ TURN L WALK, WALK WALK**

1-2 Step Back R, Point L To Side  
3-4 Step Back L, Point R To Side  
5-6 Step R Behind L, Step L To Side Turning ¼ L  
7-8 Step R Fwd, Step L Fwd

Restart on Wall 5 after 16 counts, do the following: -

7-8 Step L across R, touch R next to L, start again!

Just DANCE

Last Update: 3 Dec 2024