

Blue Stew

Count: 32

Wall: 4

Level: Intermediate

Choreographer: Barry Watson (UK) - December 2024

Music: Blues Stew - Kenny Neal



Sailor R, Sailor L, Sailor R, Sailor Cross ¼ Turn R

- 1&2 Step R behind left. Step L to left side. Step R in place.
- 3&4 Step L behind right. Step R to right side. Step L in place.
- 5&6 Step R behind left. Step L to left side. Step R in place.
- 7&8 Step L behind right. Step R to right side. Cross L over right turning ¼ turn R

Rock Step, Slide, L Coaster Step, R ½ Pivot Turn

- 9-10 Step forward on R. Rock weight back onto left.
- 11-12 Take large step back on R. Slide L back to meet right.
- 13&14 Step L back. Step R next to left. Step L forward
- 15-16 Step forward on R. Pivot ½ turn L, taking weight onto L foot.

Side Switches, Kick-Ball-Side Combo

- 17&18 Touch R to right side. Step R in place. Touch L to left side.
- 19&20 Kick L forward. Step L in place. Touch R to right side
- & Step R in place
- 21&22 Touch L to left side. Step L in place. Touch R to right side.
- 23&24 Kick R forward. Step R in place. Touch L to left side

L Sailor Cross, Side Rock, Cross, Full Unwind, Slide

- 25&26 Cross L behind right. Step R to right side. Cross L over right.
 - 27-28 Step R out to right side. Rock weight back over L.
 - 29-30 Cross R over left. Unwind full turn L allowing L to cross over R.
 - 31-32 Large step L out to L side. Slide R up to meet left.
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