Step and Touch

Count: 32

Level: Absolute Beginner

Choreographer: Pat Grillo (USA) - 2022

Music: High Low and In Between - Mark Wills or: Honky Tonk Habits - Emillo Navair

Start: Vocals -- Weight on left foot (counter clockwise

Section 1: Step, Together, Step, Touch (R&L)

- 1-2 Step R foot 1/8 diagonal fwd, step L next to R
- 3-4 Step R foot fwd, touch L next to right
- 5-6 Step L foot 1/8 diagonal fwd, step L next to R
- 7-8 Step L foot fwd, touch R next to L

Section 2: Backward Step and Heel Touch 4X

- 1-2 Step R foot backward, touch L heel in place
- 3-4 Step L foot backward, touch R heel in place
- 5-6 Step right backward, touch L heel in place
- 7-8 Step left backward, touch R heel in place

Section 3: K Step

- 1-2 Step R foot 1/8 diagonally fwd, touch L foot next to right foot
- 3-4 Step L foot back to center, touch R foot next to left foot
- 5-6 Step R foot 1/8 diagonally back, touch L foot next to right foot
- 7-8 Step L foot back to center, touch R foot next to left

Section 4: Walk Around

- 1-2 Step R to right side, touch L foot next to right
- 3-4 Turn 1/4 left (weight to left foot), touch R next to left (wall 9)
- Step R to right side, touch L foot next to right 5-6
- 7-8 Turn 1/4 left (weight to left foot), touch R next to left (wall 6)





Wall: 2