Cowboy Friends (Waltzolka)

Count: 82

Level: Intermediate - Waltz / Polka Hybrid dance

Choreographer: Alison Metelnick (UK) & Peter Metelnick (UK) - November 2024 Music: cowboy friends - Ella Langley

Wall: 4

*1 to 4 wall Hybrid Line Dance. Intermediate Level. First, we waltz, then we polka & then back again!

Start after 12 count waltz on the words 'hate' of the lyric' hate to break your buckle baby' -(approx. 6.9secs) - 2mins 59secs - 112bpm - Available: Amazon

Let's Waltz – 1 wall waltz – 48 counts

[1-6] L/R twinkles

1-6

Cross step L over R, step R side, step L together, cross step R over L, step L side, step R together

[7-12] ¼ L twinkle, R balance back

- 1-3 Cross step L over R, step R side, turning 1/4 left step L back
- 4-6 Step R back, step L together, step R slightly forward (9 o'clock)

[13-18] ½ L balance step, R balance back

- Step L forward (extended 5th), turning 1/2 left step R back, step L back 1-3
- 4-6 Step R back, step L together, step R slightly forward (3 o'clock)

[19-24] L/R twinkles travelling slightly forward

- 1-3 Cross step L over R, step R side, step L slightly forward,
- 4-6 Cross step R over L, step L side, step R slightly forward

[25-36] ¾ L waltz diamond ending facing back wall

- Turning towards right diagonal (4 o'clock) step L forward, step R together, L together 1-3
- 4-6 Turning 1/4 left to face diagonal (1 o'clock) step R back, step L together, step R together
- Turning 1/4 left to face diagonal (11 o'clock) step L forward, step R together, step L together 1-3
- 4-6 Turning ¼ left to face diagonal (7 o'clock) step R back, step L together, step R to side and square to wall (6 o'clock)

[37-42] L cross over, ½ R hinge turn, R twinkle

- 1-3 Cross step L over R, turning ¼ left step R back, turning ¼ left step L side (12 o'clock)
- 4-6 Cross step R over L, step L side, step R together

[43-48] Extended weave with point R to R side

Cross step L over R, step R side, cross step L behind R, step R side, cross step L over R, 1-6 point R side

HOLD! It's time to Polka!

Let's Polka! 4 walls - 34 counts

Start after she says 'Saddle Up'....on the word 'UP'

[1-8] R chassé, L back rock/recover, L side, R sailor kick, R ball cross

- Step R side, step L together, step R side 1&2
- 3-4 Rock L back, recover weight on R
- 5-6&7 Step L side, cross step R behind L, step L side, R low kick forward
- &8 Step R back, cross step L over R

[9-16] R side and push off turning ¾ L with hitch, L fwd, R fwd shuffle, L fwd rock/recover, L coaster cross 1-2 Step R side turning ³/₄ L hitching up L knee (3 o'clock), step L forward





- 3&4 Step R forward, step L together, step R forward
- 5-6 Rock L forward, recover weight on R,
- 7&8 Step L back, step R together, cross step L over R Page 1 of 2

[17-24] R back, L heel fwd, hold, L back, R vaudeville, R ball cross, R side, L behind/R side/L cross

- &1-2 Step R back, touch L heel forward, hold
- &3&4 Step L back, cross step R over L, step L back, touch R heel forward
- &5-6 Step R back, cross step L over R, step R side
- 7&8 Cross step L behind R, step R side, cross step L over R

[25-32] R side rock/recover, R behind/L side/R cross, L side rock/recover, ½ L toaster

- 1-2 Rock R side, recover weight on L
- 3&4 Cross step R behind L, step L side, cross R over L
- 5-6 Rock L side, recover weight on R
- 7&8 Turning ½ left step L back, step R together, step L forward (9 o'clock)

[33-34] Stomp forward R/L

1-2 Stomp R forward, step L forward

WALL 2: At the end of wall 2, facing the back wall OMIT counts 33-34. No Stomp! Stomp!

Polka To Waltz transition: After 4 walls of the polka, you will end facing front wall. After stomping, step R side, point L side, hold – start on the word 'KNOW' when she sings – 'I KNOW this probably'

Complete the 1 wall waltz, then we go back into polka use the same music cue as earlier – start on the word 'UP' when she sings 'Saddle UP'

After the waltz it is Polka time once more – dance first 16 counts of the polka section to bring you to front wall then

add the following for your big finish:

&1-2 Step R back, touch heel forward, hold

&3-4 Step L back, touch R together, HOLD and strike a final pose.

Have fun! It's a lot easier than you think!

Here is a resume of the walls:

- Waltz 48 counts (start on the word "hate")
- Polka 34 counts (start on the word "up")
- Polka 32 counts (omit "stomp, stomp")
- Polka 34 counts
- Polka 34 counts
- Waltz 48 counts (start on the word "know")
- Polka 34 counts (start on the word "up")
- Polka 16 counts
- Add ending 4 counts