

The Last Time

Count: 32

Wall: 4

Level: Beginner

Choreographer: Gary Lafferty (UK) - November 2024

Music: The Last Time - The Vintage Explosion



Music Info: 16-count intro, 110 bpm

STEP RIGHT, LEFT TOGETHER, RIGHT SHUFFLE FORWARD; ROCK FORWARD, RECOVER, LEFT SHUFFLE BACK

- 1-2 Step to Right side on Right foot, step on Left foot beside Right
- 3&4 Step forward on Right foot, step on Left foot beside Right, step forward on Right foot
- 5-6 Rock forward on Left foot, recover weight back onto Right foot
- 7&8 Step back on Left foot, step on Right foot beside Left, step back on Left foot

WALK BACK (R then L) , ROCK BACK, RECOVER; WALK FORWARD (R then L), RIGHT SHUFFLE FORWARD

- 1-2 Step back on Right foot, step back on Left foot
- 3-4 Rock back on Right foot, recover weight onto Left foot
- 5-6 Step forward on Right foot, step forward on Left foot
- 7&8 Step forward on Right foot, step on Left foot beside Right, step forward on Right foot

WEAVE TO RIGHT; CROSS-ROCK, RECOVER, LEFT SIDE-SHUFFLE

- 1-2 Cross-step Left foot over Right, step to Right side on Right foot
- 3-4 Cross-step Left foot behind Right, step to Right side on Right foot
- 5-6 Cross-rock Left foot over Right , recover weight back onto Right foot
- 7&8 Step to Left side on Left foot, step on Right foot beside Left, step to Left side on Left foot

JAZZBOX with ¼ TURN to RIGHT and CROSS; SIDE-ROCK, RECOVER, BACK-ROCK, RECOVER

- 1-2 Cross-step Right foot over Left, turn ¼ Right stepping back onto Left foot
- 3-4 Step to Right side on Right foot, cross-step Left foot over Right
- 5-6 Rock to Right side on Right foot, recover weight onto Left
- 7-8 Rock back on Right foot, recover weight onto Left

START AGAIN – NO TAGS OR RESTARTS
