

# How It Starts

**Count:** 32

**Wall:** 4

**Level:** Improver

**Choreographer:** Matt Lewis (UK) & Ray Jones (WLS) - November 2024

**Music:** How It Starts - Tyler Braden



**Intro: 16 counts**

## **SECTION 1: CROSS SIDE SAILOR, CROSS SIDE SAILOR ¼ TURN LEFT**

- 1-2 cross right over left, step left to left side.  
3&4 cross right behind, step left to left side, step right to right side.  
5-6 cross left over right, step right to right side.  
7&8 cross left behind right, step right to right side. ¼ turn left stepping forward left.

**Restart here - Wall 2 ( facing 12 oclock) & wall 6 (facing 6 o'clock)**

## **Section 2: RIGHT SHUFFLE, LEFT SHUFFLE. ROCK RECOVER, BALL STEP, ½ PIVOT**

- 1&2 step right forward, step left next to right, step right forward.  
3&4 step left forward step right next to left step left forward.  
5-6 rock forward on right, recover weight back onto left.  
&7-8 step right next to left. step forward left, pivot 1/2 right.

## **SECTION 3: ¼ RIGHT, TOUCH, BEHIND SIDE CROSS, SIDE ROCK, SAILOR ¼ LEFT**

- 1-2 ¼ turn right stepping left to left side, touch Right next to left.  
3&4 cross right behind left, step left to left side, cross right over left.  
5-6 rock left to left side, recover weight to right .  
7&8 cross left behind right, step right to right side, ¼ left stepping forward left.

## **SECTION 4: ROCK RECOVER, BACK SHUFFLE, WALK BACK LEFT RIGHT, LEFT COASTER STEP**

- 1-2 rock forward on right, recover weight onto left.  
3&4 step back on right, step left next to right, step back on right.  
5-6 step back left, step back right.  
7-8 step back left, step right next to left, step forward on left.

**Ta-da!**

**Any enquiries please contact us**

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