

# Am I OK?

Count: 32

Wall: 2

Level: Beginner

Choreographer: Maria Zapata (USA) - November 2024

Music: Am I Okay? - Megan Moroney



**Start after 32 counts on Lyrics**

**[1-8] LINDY RIGHT – VINE TO THE LEFT ENDING WITH A CROSS**

1&2 Triple step to the right,  
3-4 Rock back with the left, recover  
4-5-6-8 Side, behind, side, cross

**[9-16] LINDY LEFT – VINE TO THE RIGHT ENDING WITH A CROSS**

1&2 Triple step to the left,  
3-4 Rock back with the right, recover  
4-5-6-8 Side, behind, side, cross

**[17-24] JAZZ BOX x 2 ¼ TURN RIGHT EACH TIME FOR A ½ TURN**

1-2-3-4 Cross R over L, step L back, step R back, Step L cross  
5-6-7-8 Cross R over L, step L back, step R back, Step L cross

**[24-32] STEP BACK 4x WITH A CLAP**

1-2-3-4 Back with R, clap, back with L, clap  
5-6-7-8 Back with R, clap, back with L, clap

**RESTART: ON WALL 5, FACING THE FRONT, AFTER 16 COUNTS [See sections 1-8 and 9-16]**

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