

# Mon Amour

Count: 64

Wall: 2

Level: Phrased Improver

Choreographer: Ame Lin (INA) - November 2024

Music: Mon Amour - Reea



#Sequence : Intro(C) A B B C A B B C C B C B

#Start dance after 16 counts#

#INTRO 16 Counts ( The intro dance follow the PART C )

#PART A : 32 Counts

## S1. WALK R, L, MAMBO FORWARD, BACK L, R, COASTER STEP

- 1 – 2 Step Rf forward – step Lf forward
- 3 & 4 Step Rf forward – Step Lf in place – Step Rf back
- 5 – 6 Step Lf back – Step Rf back
- 7 & 8 Step Lf back – Step Rf back together – Step Lf forward

## S2. CROSS ROCK – RECOVER, SIDE ROCK – RECOVER, SAILOR STEP ¼ TURN R, CROSS ROCK – RECOVER, SIDE ROCK – RECOVER, SAILOR STEP

- 1&2& Cross Rf over Lf – Recover on Lf – Rock Rf to R side – Recover on Lf
- 3 & 4 ¼ turn R step Rf behind Lf – Step Lf to L side – Step Rf to R side
- 5&6& Cross Lf over Rf – recover on Rf Rock Lf to L side – Recover on Rf
- 7 & 8 Cross Lf behind Rf – step Rf to R side – Step Lf to L side

## S3. WEAVE, CROSS SAMBA ( R – L )

- 1&2& Cross Rf over Lf – Step Lf to L side – Cross Rf behind Lf – Step Lf to L side
- 3 & 4 Cross Rf over Lf – Ball of Lf – Step Rf in place
- 5&6& Cross Lf over Rf – Step Rf to R side – Cross Lf behind Rf – Step Rf to R side
- 7 & 8 Cross Lf over Rf – Ball of Rf – Step Lf in place

## S4. ¼ R DIAMOND, SIDE MAMBO

- 1 & 2 Cross Rf over Lf – ¼ turn R Step Lf back – Step Rf back
- 3 & 4 Step Lf back - ¼ turn R Step Rf to R side – Step Lf forward
- 5 & 6 Step Rf to R side – Recover on Lf – Close Rf together
- 7 & 8 Step Lf to L side – Recover on Rf – Close Lf together

#PART B : 16 counts

## S1. CROSS ROCK – RECOVER – BACK ( R – L ), CROSS SHUFFLE, ½ L CROSS SHUFFLE

- 1 & 2 Cross Rf over Lf – Recover on Lf – Step Rf back
- 3 & 4 Cross Lf over Rf – Recover on Rf – Step Lf back
- 5 & 6 Cross Rf over Lf – Step Lf to L side – Cross Rf over Lf
- 7 & 8 ½ L turn Cross Lf over Rf – Step Rf to R side – Cross Lf over Rf

## S2. WEAVE, CROSS SAMBA ( R – L )

- 1&2& Cross Rf over Lf – Step Lf to L side – Cross Rf behind Lf – Step Lf to L side
- 3 & 4 Cross Rf over Lf – Ball of Lf – Step Rf in place
- 5&6& Cross Lf over Rf – Step Rf to R side – Cross Lf behind Rf – Step Rf to R side
- 7 & 8 Cross Lf over Rf – Ball of Rf – Step Lf in place

#PART C : 16 Counts

## S1. FULL DIAMOND R

- 1 & 2            Cross Rf over Lf -  $\frac{1}{8}$  turn R Step Lf back – Step Rf back  
3 & 4            Step Lf back -  $\frac{1}{8}$  turn R Step Rf to R side -  $\frac{1}{8}$  turn R Step Lf forward  
5 & 6             $\frac{1}{8}$  turn R Cross Rf over Lf -  $\frac{1}{8}$  turn R Step Lf back – Step Rf back  
7 & 8            Step Lf back -  $\frac{1}{8}$  turn R Step Rf to R side -  $\frac{1}{8}$  turn R Step Lf forward

**S2.  $\frac{1}{8}$  R FORWARD SHUFFLE,  $\frac{1}{2}$  R CHASSE TURN, FORWARD SHUFFLE,  $\frac{1}{2}$  R CHASSE TURN**

- 1 & 2             $\frac{1}{8}$  turn R Step Rf forward – Close Lf together – Step Rf forward  
3 & 4            Step Lf forward -  $\frac{1}{2}$  turn R to stepping Rf forward – Step Lf forward  
5 & 6            Step Rf forward – Close Lf together – Step Rf forward  
7 & 8            Step Lf forward -  $\frac{1}{2}$  turn R to stepping Rf forward – Step Lf forward

**Enjoy you dance (Just for fun)**

**Contact:**

**Ame Lin – [amelin1689@gmail.com](mailto:amelin1689@gmail.com)**

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