

# These Bad Dreams

**COPPER** KNOB  
STEPSHEETS

Count: 32

Wall: 4

Level: High Beginner

Choreographer: Gwen Walker (USA) - October 2024

Music: Bad Dreams - Teddy Swims



## #32 count Intro - NO Tags or Restarts

### [1-8] Step Brush x 2, R rock recover, R ½ triple

- 1-4 Step R forward, brush L forward, Step L forward, brush R forward
- 5-6 Rock forward on R, recover to L
- 7&8 Step R ¼ turn right, step L next to R, step R ¼ turn right. (6:00)

### [9-16] Reverse K step, with Right side triple

- 1-2 Step L forward at left angle, touch R next to L
- 3-4 Step R back at right angle, touch L next to R
- 5-6 Step L back at left angle, touch R next to L
- 7&8 Step R to right side, step L next to R, step R to right side (6:00)

### [17-24] Cross rock, side rock, back rock, L side triple

- 1-2 Cross rock L in front of R, recover to R
- 3-4 Rock L to left side, recover to R
- 5-6 Rock back on L, recover to R
- 7&8 Step L to left side, step R next to L, step L to left side.

### [25-32] ¼ turn Montrey, Kick Ball Change x 2

- 1-2 Touch R to right side, ¼ turn to right step on R (9:00)
- 3-4 Touch L to left side, step L next to R
- 5&6 Kick R forward, step on ball of R, step on L
- 7&8 Kick R forward, step on ball of R, step on L (9:00)

Have fun with the Music and Dance

Dance from the Heart with JOY!!!!

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