

# Calm Down Remix

**COPPER** **KNOB**  
STEPSHEETS

Count: 32

Wall: 4

Level: Beginner

Choreographer: Muhammad Yani (INA) - October 2024

Music: CALM DOWN REMIX | ZUMBA | DANCE | WORKOUT | ZIN ASTRY



## **TAG (4C) After Wall 4 - V STEP**

1234 Step RF diagonal R fwd, Step LF diagonal L fwd, Step RF back to centre, Step LF next to RF

## **S1. TOE STRUT R/L, MODIFIED ROCKING CHAIR WITH KICK FORWARD**

1234. Touch R toe fwd, drop heel in place, Touch L toe fwd, Drop heel in place

5678 Rock RF fwd. Recover onto LF, Rock RF bwd, Kick LF fwd

## **S2. COASTER STEP - KICK, CROSS - SIDE TOUCH R/L**

123. Step back on RF, Step LF next to RF, Step RF fwd

4. Kick LF fwd

5678. Cross RF over LF, Touch L toe to L, Cross LF over RF, Touch R toe to R

## **S3. TURN ¼R. JAZZ BOX, RIGHT GRAPEVINE**

1234. Cross RF over LF, Turn ¼R. Step back on LF, Step RF to R, Step LF fwd

## **S4. TURN ¼R. JAZZ BOX ( 2X)**

1234. Cross RF over LF, Turn ¼R. Step back on LF, Step RF to R, Step LF fwd

5678. Cross RF over LF, Turn ¼R. Step back on LF, Step RF to R,

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