

# Grab Your Balls, We're Going Bowling

**COPPER** **KNOB**  
BY STEPHENETS

**Count:** 32

**Wall:** 2

**Level:** Beginner

**Choreographer:** Sandy Kelly (CAN) - October 2024

**Music:** Grab Your Balls, We're Going Bowling - The Chardon Polka Band : (iTunes)



**Starts on song word "Grab"**

## **TWO LINDYS, To RT, To LT**

1&2 Shuffle RLR to RT Side  
3-4 Rock back on L behind R, recover Fwd on R  
5&6 Shuffle LRL to LT Side  
7-8 Rock back on R behind L, recover Fwd on L

## **SHUFFLE FWD 2X, SHUFFLE BACKWARDS 2X**

1&2 Step Fwd on R, Step ball of L next to Rt, Step Fwd on R  
3&4 Step Fwd on L, Step ball of R next to Lt, Step Fwd on L  
5&6 Step Back on R, Step ball of L next to Rt, Step Back on R  
7&8 Step Back on L, Step ball of R, next to Lt, Step Back on L

## **TRIPLE (cha cha cha), KICK BALL CHANGE 2X RT & LT**

1&2 R,L,R in place  
3&4 Kick L fwd, Step ball of L next to R (raising R) Step on R next to L  
5&6 L, R, L in place  
7&8 Kick R fwd, Step ball of R next to L, (raising L) Step on L next to R

## **STEP PIVOTS, TURN ½ LEFT**

1-2-3-4 Step on R, Pivot on L, Step on R, Pivot on L  
5-6-7-8 Step on R, Pivot on L, Step on R, Pivot on L

## **NB 1 Tag after 4 REPEATS---**

### **Two 4 count Vine Touches to Rt, to Lt**

1-4 Step RT foot to RT, Step Lt foot behind Rt Step RT foot to RT, Tch LT toe beside Rt  
5-8 Step Lt foot to Lt, Step Rt foot behind Lt Step, Step Lt foot to Lt, Tch Rt toe beside Lt

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