# Take A Minute AB

Level: Absolute Beginner / Beginner

Choreographer: Maryse Fourmage (FR) - 10 October 2024 Music: Take A Minute - Ashleigh Dallas

Start: 16s. approximately, On the lyrics 'There's so much'

## SEQ: A-A-A-A-8-A-A-A-A-A-A-A-A

**Count:** 40

#### [1-8] K, Touch with Clap

- RF on R diagonal FW, Touch LF next to RF with Clap 1-2
- 3-4 LF on L diagonal Back, Touch RF next to LF with Clap
- 5-6 RF on R diagonal Back, Touch LF next to RF with Clap
- LF on L diagonal FW, Touch RF next to LF with Clap 7-8

### [9-16] Side, Together, Side, Scuff, Side, Together, Side, Scuff \*(Option : Vine, Scuff)

- RF to the R side, LF next to RF 1-2
- 3-4 RF to the R side. L Scuff
- LF to the L side, RF next to LF 5-6
- 7-8 LF to the L side, R Scuff

### [17-24] Rocking-Chair, Walk FW, L Kick with Clap

- 1-2 RF FW, Recover to LF
- 3-4 RF Back, Recover to LF
- 5-6 RF FW, LF FW
- 7-8 RF FW, L Kick FW with Clap

### [25-32] Backx3, Touch, Vine 1/4 L, Touch

- LF Back, RF Back 1-2
- 3-4 LF Back, Touch RF next to LF
- 5-6 RF to the R side, Cross LF behind RF
- 7-8 Make ¼ R with RF FW, Touch LF next to RF

#### [33-40] Bump L, Bump R, Cross, Back, Side, Touch

- L Bump with LF to the L side, L Bump 1-2
- 3-4 R Bump, R Bump (Weight is on RF)
- 5-6 Cross LF over RF, RF Back
- 7-8 LF to the L side, Touch RF next to LF

Smile et enjoy the dance

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