

# Slipping into Bad Dreams (aka Bad Dreams)

**COPPER** KNOB  
STEPSHEETS

Count: 32

Wall: 4

Level: Beginner / Improver

Choreographer: David M. Lewis (USA) - October 2024

Music: Bad Dreams - Teddy Swims



No Tags or restarts

Instructor note: Begin Dance after a 32 Count Introduction (28 + 5678)

**[1–8] Front (Cross) Rock, Side Rock, Back Rock, Cross-Point**

**Instructor Words: Front Rock, Side Rock, Back rock, Cross Point**

- 1-2 (12:00) Right Cross (over Left), Recover on Left
- 3-4 Right Side Rock, Recover on Left
- 5-6 Right Back Cross (behind Left) Rock, Recover on Left
- 7-8 Right Cross (over Left), Left Point to side (12:00)

**[9–16] Cross-Point, Cross-Point, Rock-1/4 Turn Recovery, ½ Turn- Sweep**

**Instructor Words: Cross Point, Cross Point, Rock-1/4, ½ Turn**

- 1-2 (12:00) Left Cross (over Right), Right Point to side
- 3-4 Right Cross (over Left), Left Point to side
- 5-6 Left Rock, Rock Recovery with Left ¼ Turn Step
- 7-8 Left ½ Turn Step, Hold or Sweep on 8 (3:00)

**[17–24] Grapevine, Grapevine**

**Instructor Words: Grapevine, Grapevine**

- 1-4 (3:00) Right Grapevine
- 5-8 Left Grapevine (3:00)

**(Option for 5-8: Rolling Vine)**

**[25–32] Rocking Chair, Pivot Turn, Pivot Turn**

**Instructor Words: Rocking Chair ½ Turn, ½ Turn**

- 1-4 (3:00) Right Rocking Chair
- 5-6 R Step forward-1/2 Turn Pivot
- 7-8 R Step forward-1/2 Turn Pivot (3:00)

**(Option for Counts 5-8: R Step, Left Together x 2)**

**(Option for Counts 5-8: Two full turns to Left)**

**Ending: W10 (3) after 24C R Step forward-1/2 Turn Pivot (12)**

**Restart**

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